



FIVE RIVERS AREA OF NA (FRASCNA)

July 27, 2025

Mosaic Church

A.) Call to Order - 2:00 pm

- Moment of Silence/Serenity Prayer - Katis S
- 12 Traditions - Ryan
- 12 Concepts – Doug
- Service Prayer - Brad
- Motion to Approve Previous Minutes - Approved

B.) Roll Call

- New GSRs/Groups - None
- Total voting members present: 9

Group Name	Present (P) Absent (A)	Group Name	Present (P) Absent (A)
Blinking Light	P	Serenity Down South	A
Entirely Ready	A	Sunday Night Stepping Out	A
Fairborn Basic Text	P	Surrender from Self	P
Guiding Principles	P	The War Is Over	P
Living the Dream	A	True Blue	A
More is Being Revealed	A	Women Do Recover	P
Never Alone	A		
New Alive	P		
One Step at a Time	A		
Point of Freedom	P		
Recovering Users	A		

B.) Roll Call /Reports Attached in section H

- Chairperson: Katie- Acting Secretary
 - Please email or provide a hard copy of any reports if you would like them to be in the minutes
 - To better align with our traditions/concepts, and to support our committed members who tirelessly stay involved in service, it is encouraged that members get re-nominated once their term is over. Any open positions at the area level will be covered by the vice chair.
- Vice Chair: Ally K – Acting Treasurer; see treasurer report
- Secretary: Chelsea- Absent
- Vice Secretary: OPEN
- Treasurer: OPEN (Ally)
- Vice Treasurer: OPEN
- RCM: Martha B - Report attached
 - Position is now open
- RCMA- OPEN
- Local Services: Helen N - Report Attached
 - Position is now open
- Literature: Dave S - Report Attached
- Policy: OPEN
- Activities: Ryan - Report Attached
- Ad Hoc: Report Attached
 - Dissolving due to treasurer being voted in who will help focus on banking issues/needs.
 - It is suggested that the new treasurer and new policy chair meet to review the information ad hoc collected and bring back motion(s) to update/modify the financial portions of the policy
- Group Reports (See section H)

D.) Open Forum

- Section of policy that was read and reviewed: RCM

E.) Old Business

Motions that were taken back to groups to review and vote on:

Nominations:

Treasurer: Minami

Nominated by: Women Do Recover

Motion passed

Literature Chair: David S.

Nominated by: Guiding Principles

Motion passed

Policy Chair: Dan G.

Nominated by: Women Do Recover

Motion passed

F.) New Business

None

H.) Attached Reports

July 2025

Monthly Budget

Starting balance: \$3,251.26



Expenses

Actual \$300.00

Income

Actual \$959.78

Expenses

	Actual	Diff.
Totals	\$300.00	-\$300.00
Activities	\$300.00	-\$300.00

Donations

	Actual
Totals	\$959.78
The War is Over	\$55.75
One Step at a Time	\$0.00
Living the Dream	\$0.00
Entirely Ready	\$0.00
Never Alone	\$0.00
True Blue	\$70.00
Serenity Down South	\$0.00
Fairborn Text Study	\$50.00
Guiding Principles	\$131.50
Blinking Light	\$105.00
More is Being Revealed	\$0.00
Point of Freedom	\$40.25
Surrender from Self	\$40.00
New Alive	\$100.00
Regional	\$0.00
Literature	\$367.28
Activities	\$0.00

Vice Treasurer: OPEN

RCM- Martha

Good afternoon, I'm an addict named Martha. I'm acting as Regional Committee Member (RCM) for the Five Rivers Area of NA. Life shows up and as a result of this program I am able to show up; even when I don't want to. I missed the OCNA41 Convention, the Traditions Retreat and the June ASC meeting due to family issues. I am grateful I continue to learn to live life on life's terms.

I attended the July RSC meeting in Hilliard, Ohio hosted by the Central Ohio Area of NA. Here is the information I brought back from the meeting. I haven't received minutes from the RSC meeting yet.

The fall retreat committee is looking for original t-shirt designs, but entries must be submitted before 31 July 2025!

Saturday, July 12th

15 of the 16 Areas in the Ohio Region were present.

Motion 2025:006 To create a private Facebook and Instagram pages for the Ohio Region failed. The vote was 5 For / 4 Against / 1 Abstention which did not meet the 2/3 majority required per ORSCNA policy.

The (Spring) Traditions Retreat was able to donate \$6102 to the Region after returning the seed money they received/

Phoneline:

The Region is currently paying \$780 to Town Hall, an answering service and \$210 to MCI for phone service per quarter. We are currently seeking a lower cost alternative for the Regional Phoneline.

The Midwest Zonal Forum will be meeting August 17th in Niles, Ohio. There will be a workshop at that meeting to learn about Twilio, a cloud communications company which may offer a good alternative to Town Hall/MCI. I have not decided whether to attend the MZF meeting, but we voted to financially support our RD and RDA (Motion 2025: 012 for \$570) attending and bringing information to the October RSC meeting.

In addition, the service body voted to have our Webmaster, Mark R. spend \$34 (\$408/year) to create and test a GoogleVoice account for the Regional Phoneline and for any Areas who choose to use the service. Mark will bring information from the test to the October RSC meeting.

Public Relations:

The PR efforts went well at the recent convention (OCNA 41). They created a very cool map of the Areas in our Region to show geographic areas we serve. We could also use the map to identify places that may need NA support from local Areas. I will attach a jpg of the map with my report.

PR is hosting a Zoom meeting each month on the fourth Sunday at 4 pm. A flyer for the meeting is posted on the naohio.org website.

Webmaster

The Webmaster reported almost 22,000 visits to ORSCNA connected websites in the last quarter. Some may be SPAM, and this also includes hits on the BMLT (Basic Meeting Locator Tool) phone app.

Sunday, July 13th

Motions:

- 2025:010 Send additional funds over the \$3000 in policy to the Buckeye Region for OCNA42 Convention in 2026. Motion passed
- 2025:011 Amend ORSCNA policy 4.1.9 to change convention startup money from \$3K to \$5K as shown in the recently adopted convention policy. Motion passed
- 2025:012 Supply \$570 in funds for RD & RDA to attend Midwest Zonal Forum in Niles, Ohio on August 16th, 2025 Motion passed
- 2025:013 Approve ORSCNA Webmaster spend \$34 to create and test Google Voice phone line. Motion passed
- 2025:014 Motion withdrawn (Lumped hotel \$ RCM funds requests together)
- 2025:015 Approve payment of \$645 (\$300/day plus tax) to the hotel for RSC meeting room. Motion passed
- 2025:016 Reimburse COASCNA RCM \$156.61 for food & supplies for the RSC with the understanding the RCM will ask their Area to reimburse the Region at the October RSC meeting. Motion passed

Nominations:

- | | | |
|----------------------------------|-----------|-----------------------|
| Policy Coordinator | Dave L. | Voted in |
| Vice Chair | Jacque F. | Voted in |
| OCNA AC III | Adam D. | Voted in |
| Twelve Step (Fall) Retreat Chair | April D. | <i>Back to Groups</i> |

Final Treasury Evaluation

Saturday Starting Balance: \$13,135.99	Donations: \$3497.19
Sunday Starting Balance: \$14,265.71	Expenses: \$1921.99
Sunday Ending Balance: \$12,343.71	Difference: \$2421.65

Upcoming Events These flyers are posted on the naohio.org website

- | | | |
|------------|-----------------------------------|-----------------------------------|
| 1-3 August | GCASCNA Abnormal Weenie Jam | Kinkaid Lake State Park, Kentucky |
| 2 August | GCASCNA Swim Party | Cincinnati, OH |
| 9 August | MEASCNA We Care Group Speaker Jam | Lancaster, OH |

13 August	SBASCNA Living Clean Luncheon	Norwalk, OH
16 August	MEASCNA Tie Dye Function	Zanesville, OH
16 August	Midwest Zonal Forum	Warren, OH Zoom or In-person
29-31 August	SASCNACC-6 Convention	Springfield, Ohio
3 September	MOASCNA Gift of Life Anniversary	Tiffin, OH
5-7 September	HAMASCNA Serenity In the Woods	Hueston Woods State Park, OH
13 September	GCASCNA New Vision Speaker Jam	Cincinnati, OH
13 September	DASCNA Boots on the Ground	Dayton, OH
19-21 September	KORASCNA Friendly Valley Campout	Friendship, OH
26-28 September	MEASCNA Camp O'Bannon	Newark, OH
2-4 January 2026	COASCNA 31 Convention	Columbus, OH
6-8 February 2026	TACNA 26 Convention	Perrysburg, OH

RCMA: OPEN

Local Services Coordinator Reports: Provided by Helen (reports taken from LSC minutes)

- **Chair:**
H&I-
 - Need a H&I chair and vice chair.
 - Doug S. attended the Regional H&I meeting. We talked about what's working and what's not. We also talked about co-operating on getting volunteers for ODRC meetings.
 - I did a literature inventory and have literature for DeCoach volunteer's. I will be contacting them and distributing what's needed.
 - I am available to help those interested in H&I and or volunteering for ODRC meetings.

Website- Erik done with training, has plans for website but won't just make changes without talking to committee

Phonelines-no calls reported

Outreach- Progress with Service Learning Panels/Meetings are going well. The next one will be 7/21 @ Living The Dream. The panel will be Gary B, Holly M Jamie L. The schedule for upcoming service panels is as follows:

August- Never Alone

September- New Alive

October- More is being revealed

PR- Getting schedules printed, would love to train someone to help with PR

Literature:

Total Sales for July 2025 were \$341.50. I placed a literature order for \$561.36.

☐	Order ID	Customer	Status	Total	Date Added	Date Modified	Action
☐	1917	Entirely Ready	Processing	\$69.12	27/07/2025	27/07/2025	 
☐	1914	Women Do Recover	Processing	\$69.59	27/07/2025	27/07/2025	 
☐	1913	Blinking Light	Processing	\$11.93	26/07/2025	26/07/2025	 
☐	1912	Point Of Freedom Group	Processing	\$42.34	17/07/2025	17/07/2025	 
☐	1911	Fairborn Text Study	Processing	\$110.33	16/07/2025	16/07/2025	 
☐	1910	True Blue Group	Processing	\$38.19	13/07/2025	13/07/2025	 

The order number is: 1045777

Item No.	Title	Price	Quantity	Total excl. tax
No. # of items in cart: 28				View order details
Subtotal				\$549.05
Invoice discount				\$-35.69
Shipping costs				\$48.00
Total excl. tax				\$561.36
Total incl. tax				\$561.36

Policy: OPEN

Activities:

Hello this is my first area meeting as the new activities chair and here is my update on what is going on with the Activities Committee as of now. We have lined up mosaic to be the location for our Unity Day event on September 6th from 11:00 a.m. to 3:00 p.m. the nation is having a Serenity Prayer at noon on a zoom meeting so we will be having that along with some workshops with two speakers and going to try to get a panel of area service members to speak. We plan on having a few tables set up for literature, food and are having discussions on what we are allowed and able to do with other tables. We are talking about doing some fundraisers for future events for newcomers and members that may not be able to afford the added expense to attend by selling T-shirts coffee mugs and other merchandise but looking for guidance from the area on this. Thank you for your time Ryan H

Ad Hoc Committee:

Hello FRASCNA

I have looked into several banking institutions and have narrowed those down to services offered ,applicable fees and location for ease of deposits.

I didn't include banks that have fees that we would incur due to transactions, balances or otherwise.(Key, PNC, Bluevine online etc..)

All listed have no monthly fee, no charge for debit card, online access and are located in Beavercreek close to area meeting and have ATM access for deposits

Bank name- account name

- 1 US BANK Essentials
- 2.5/3 Business checking
- 3.Wright Patt C/U small business

All of these banks require the same basic information to open an account and depending on bank may need more information.

- 1.Register with State of OH

2. Valid EIN

I stopped after looking at these 6 banks as it seems redundant.

Upon checking our current bank account type it appears to be an older account type that isn't even listed on the bank's website. Perhaps we could have our current account changed to a fee free account?

On a personal note I have a job change that will have me traveling and at this time I'm unsure of what my availability looks like. I will keep the area updated as more will be revealed.

Awaiting further instructions from the area.

ILS
Doug S

Group Reports:

Present
Blinking Light: Name of Group/Subcommittee: Blinking Light Time and Day of Meeting(s): Friday's at 8pm-9:15pm Meeting Location:350 N. Fairfield Rd Beavercreek, OH 45430 Format: Chairperson choice/rotating GSR: Rotating group representative Secretary: Rotating Treasurer: Steve Z Literature Order: \$5.96 Area Donation:\$105 We are candlelight meeting and have an alternating format that consists of; Literature study, Stick Meeting, Meditation, Meeting is going well. We have an average of 25-60 addicts, 1-4 newcomers and usually get 1 treatment bus or more w
Fairborn Basic Text: GSR - Jake S. Alt- Ky 7:30pm - 8:00pm- 333 North Broad Street Text Study- Reading Living Clean; Speaker last meeting of the month Literature Order: \$110 Area Donation: \$50 Avg 28 in attendance
Women Do Recover Ally GSR 6:30-7:30 at Be Hope Church 1850 N Fairfield Rd, Beavercreek, OH 45432
Never Alone: GSR – Martha B Saturday 7:30PM-9:00PM - 202 S Winter St, Yellow Springs, OH Topic discussion
New Alive: GSR – Ryan H, Jenna in attendance for Ryan Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr Rotating format
Surrender from Self: GSR- Daniel R Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd Rotating format

The War is Over: GSR – Dan G

Saturday 7pm - St George Episcopal - 5520 Far Hills Rd

Rotating format

Our meeting has a rotating chairpersons choice format. Our meeting is doing well, averaging 15 to 25 addicts per week. \$55.75.

Guiding Principles: GSR - Brad K Alt - Hip

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

Point of Freedom: GSR - Deanna M GSR Myssi Z Treasurer

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Literature order \$42.34 & donation of 40.25.

We have been having approximately 20-25 in attendance.

Myssi Z Treasurer

Absent**Entirely Ready:** GSR – Amy J

Tuesdays 7:00pm Parkview church 4701 Far Hills Ave, Dayton

Lit Order: \$145.80 (From last month)

Donation: 0

Report: Bigger attendance. 30 + addicts weekly. We are attempting timing shares but we haven't been consistent yet

Serenity Down South: GSR – Max L

Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459

Closed meeting, rotating format

Lit order: One step working guide (\$10.76)

Donation: \$107

Report: 6-12 on average

More is Being Revealed: GSR – Carrie

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave Rotating topic/literature from

One Step at a Time: GSR - Pam

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

Recovering Users: GSR – Nick B

Tuesday 8:00-9:00 - 333 N Broad St Fairborn, Oh

Topic discussion

True Blue: GSR – Stephanie B

Sunday 6-7:15 - Peace Lutheran Church

Rotating format

Living the Dream: GSR - Bob B Secretary- Kyle H Treasurer- Taylor M

Monday 7:00-8:15 - 444 country club Dr
Chairperson choice rotating format

Serenity Down South: GSR – Max L
Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459
Closed meeting, rotating format

Sunday Night Stepping Out