



FIVE RIVERS AREA OF NA (FRASCNA)

October 27th, 2024

Mosaic Church

**A.) Call to Order - 2:03**

- Moment of Silence/Serenity Prayer - Katie S
- 12 Traditions - Travis C
- 12 Concepts - Doug S
- Service Prayer - Daniel R
- Motion to Approve Previous Minutes - Pass

**B.) Roll Call**

New GSRs/Groups - Blinking Light - Travis C

Group Name	September	October	November
Blinking Light	P	A	P
Entirely Ready	P	P	P
Fairborn Basic Text	A	P	A
Guiding Principles	P	P	P
Living the Dream	P	P	A
More is Being Revealed	P	P	P
Never Alone	P	P	P
New Alive	P	P	P
One Step at a Time	A	A	A
Point of Freedom	A	P	P
Recovering Users	A	P	A

Serenity Down South	A	P	A
Sunday Night Stepping Out	A	A	A
Surrender from Self	P	P	P
The War Is Over	P	A	P
True Blue	A	P	P
	P10 A8	P12 A4	P10 A6

**C.) Reports**

Chairperson: Katie S - No report

Vice Chair: Ally K - No report

Secretary: Raychel L - Report attached

Vice Secretary: OPEN

Treasurer: Freddie M - Verbal Report - Spreadsheet attached

Vice Treasurer: OPEN

RCM: Martha B - Report Attached

Local Services: Helen N - Report Attached

Literature: Dave S - Report Attached

Policy: OPEN

Activities: Dan G - Report Attached

Ad Hoc Report: US Bank Committee - Doug S - Absent, Report Attached

Group Reports: Attached

**D.) Open Forum**

**E.) Old Business**

**F.) New Business**

RCM Motion 2024-17

Add a new section to regional guidelines

Add new section 4.1.6.3 to allow Treasurer to pay recurrent bills (Phoneline, Web, Software Providers, etc.) without approval during business meetings.

Policy Motions:

pg. 14 Outreach will bring 200 printed schedules quarterly to the ASC.

Intent: to ensure we are providing updated schedules consistently

pg. 10 12)The RCMA has a vote of confidence to vote on issues at the regional level without direction from the area for votes not going back to groups.

Intent: To allow RCMA to vote on matters affecting region so that business can continue to move forward.

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1. The Secretary shall keep accurate minutes of each ASC meeting including, but not limited to; motions, nominations, voting results, attendance and all other relevant information. The Secretary will create and **electronically (update 11/24/2024)** distribute copies of the minutes to each GSR and to the Webmaster no later than (10) days following the ASC meeting. The Secretary shall maintain a current Lines of Communication list for all ASC members including name, service position, ~~address~~, telephone number and email address (if applicable) and be updated each month. This contact list shall be distributed to Trusted Servants at Area level only.
2. Secretary will include all verbal and written reports in the ASC minutes. Secretary may censor reports that include inappropriate language or comments but will not paraphrase.

Intent: to update the policy.

Chair - Nomination

Date: 11/24/24  
Nomination for (position): Chair  
Chair  
Nominated by (Group/individual): Guiding Principles  
Nominee's Name: Katie ~~Spears~~ S.  
Nominee's Qualifications:  
Current acting chair, 26 years clean.  
Have done a lot of service work.  
  
Clean Date: 11/13/98  
Current NA positions: Area chair  
  
Past NA positions:  
Area chair, H+I chair, GSR Secretary, Treasurer?  
Program chair for last 2 years  
  
Service positions resigned from (explain reason why):  
None

Vice Chair - Nomination

Date: 11/24/24  
Nomination for (position): vice chair  
Chair  
Nominated by (Group/individual): Blinking Light  
Nominee's Name: Ally K.  
Nominee's Qualifications:  
Willingness to serve as vice chair. Currently  
working steps with an NA sponsor  
  
Clean Date: 6/1/23  
Current NA positions:  
Vice Chair  
  
Past NA positions:  
Activities Chair, GSR, Vice Chair  
  
Service positions resigned from (explain reason why):  
None

Open FRASCNA Positions: Chair, Vice Chair, Secretary, Treasurer,  
Policy, Vice Secretary, Vice Treasurer, RCM Alt

## Open LSC Positions: Vice Chair, Flyers

### G.) Motion to Close - 2:54

### H.) Attached Reports

**Secretary:** Please submit reports online to [secretary@fiveriversna.org](mailto:secretary@fiveriversna.org). Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know here or via email. I have removed GSR email addresses from the minutes as this is public After being on the administrative body of FRASCNA for the last four years, I have decided not to continue past my term end to focus on other service commitments.

**Activities:** Activities meets the 3rd Sunday of the month at 1 pm on Zoom. For our last event of the year we are planning a New Year's Eve party, more details to follow. We are requesting \$300 from the Treasurer for this final event.

**Literature:** After collecting money from the October orders I have a balance of \$719.48. I have not placed a literature order yet. ILS, Dave S

**RCM:** Good afternoon, I'm an addict named Martha, serving as your Regional Committee Member (RCM) to represent the Five Rivers Area of Narcotics Anonymous. We will be hosting the Regional Service Committee meeting in January 2025. The business meeting will be held at the Holiday Inn in Fairborn, Ohio on January 11<sup>th</sup> and 12<sup>th</sup>. This would be a great opportunity for addicts in our area to experience service on the next level. The Ohio Region of Narcotics Anonymous is not a step up in our service structure. The regional service body was formed and continues to support areas in Ohio by sharing information and offering experience, strength and hope. It's great to meet with the addicts from other areas around the state and fellowship while we're together for the business meeting. There is a recovery meeting before the business meeting each day that starts at 9am. I'm hoping some local members will take the opportunity to attend. We paid the deposit of \$400 last month but still owe \$120.33. I would like to get a check for that amount today but if it's a problem we can wait until next month. I would like to take care of the balance due as soon as possible, if only to alleviate my own anxiety about the event! Also, I have a TV I'll bring for the video hookup as the hotel would charge us \$256 for that. Anyone is welcome to attend, and we encourage addicts seeking recovery to keep learning and get involved in service to the fellowship that saves lives. On that note, at the last regional meeting we discussed RCMs ability to vote on issues w/o specific direction from our areas. Regional business was hampered because of the number of RCMs who abstained rather than give a yes or no vote. We (the RCMs) were asked to talk to our areas about getting a vote of confidence so we could vote as we think our area would want without requiring specific direction from the Area. This is not meant to apply to votes that went back to the groups. The Greater Cincinnati Area of Narcotics Anonymous will be having their annual convention the weekend after Thanksgiving, starting on Friday, November 29<sup>th</sup>. Thank you for allowing me to serve. Love and gratitude, Martha B.

DATE: 10/27/2024		BALANCE FORWARD		
CHECK #	VENDOR		AMOUNT	
	Bank Fee			-\$6.00
	rent			-\$10.00
	Helen (Schedules)			-\$73.41
	Meeting of Month (Helen)			-\$124.16
	Martha Regional Reimbursment			-\$171.38
	Check # 2028 (Dan G Activities)			-\$300.00
	Check 2029 Martha Holiday Inn deposit			-\$400.00
	Zoom Reimbursment			-\$86.36
				\$0.00
				-\$1,171.31
GROUP / SUBCOMMITTEE	DONATION / INCOME	GENERAL EXPENSE	LITERATURE EXPENSE	TOTAL EXPENSE
TNT	\$0.00			
Surrender From Self	\$25.00			
Living the Dream	\$96.00			
Entirely Ready	\$17.00			
Never Alone	\$0.00			
True Blue	\$148.00			
Serenity Down So.	\$0.00			
Fairborn Text St.	\$0.00			
Guiding Principles	\$120.00			
Blinking Light	\$0.00			
More is Being Revealed	\$40.00			
Point of Freedom	\$119.00			
Recovering Users	\$150.00			
New Alive	\$0.00			
Grow as we Go	\$0.00			
The War is Over				
Drug Busters	\$0.00			
Win On Wednesday	\$0.00			
Rob G	\$0.00			
Wed Womn Warr	\$0.00			
paypal	\$0.00			
Activities Dan G	\$0.00	\$0.00	\$0.00	\$0.00
H&I	\$0.00	\$0.00	\$0.00	\$0.00
Public Relations		\$0.00	\$0.00	\$0.00
RCM		\$0.00		\$0.00
RCM-A		\$0.00		\$0.00
Secretary		\$0.00		\$0.00
<b>TOTAL</b>	<b>\$0.00</b>			<b>-\$1,171.31</b>
INCOME				
			BAL. FWD.	\$1,837.20
			INCOME	\$715.00
			SUB TOTAL	\$2,552.20
			EXPENSES	-\$1,171.31
			BALANCE	\$1,380.89
RECONCILIATION				
<b>BALANCE PER BOOKS</b>			\$1,380.89	
<b>OUTSTANDING DEPOSITS</b>		Pay Pal		
		Cash + Check		
<b>OUTSTANDING CHECKS</b>				
		\$	-	
		Prudent	1,780.00	
<b>BALANCE PER BANK</b>			<b>\$1,388.68</b>	\$7.79

Treasurer:

**Ad Hoc Committee:** Hello FRASCNA, I've sent updated policy and latest minutes to our bank contact to process. I've got Katie S setup to be added to account. I will await instructions from area to help add/remove members from account pending new personnel being elected. If there's anything else the Area needs please let me know. ILS, Doug S

**Blinking Light:**

GSR – Travis C  
 8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek  
 Chairperson's Choice Rotating format  
 No report

**Entirely Ready:**

GSR – Amy  
 7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

Literature, Chairperson's choice

Increase in attendance to 40+ addicts weekly. No problems, no changes. I forgot donation and literature money, will bring along with next month.

**Fairborn Basic Text:**

GSR - Jake S

Alt - Ky

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Basic Text

Absent

**Guiding Principles:**

GSR - Brad K

Alt - Hip

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

No Report

**Living the Dream:**

GSR - Bob B

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

Absent

**More is Being Revealed:**

GSR - Carrie

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Verbal Report

**Never Alone:**

GSR - Martha B

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

Verbal Report

**New Alive:**

GSR - Ryan H

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No Report

**Point of Freedom:**

GSR - Deanna M

GSR alt - Jonathan S

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting  
Absent

**One Step at a Time:**

GSR - Pam  
6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia  
Rotating Format  
Absent

**Recovering Users:**

GSR – Nick B  
Tuesday 8:00-9:00 - 333 N Broad St Fairborn, Oh  
Topic discussion  
Absent

**Serenity Down South:**

GSR – Max L  
Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459  
Closed meeting, rotating format  
Absent

**Sunday Night Stepping Out:**

GSR – Jason S  
Sunday 7-8pm - FRS 149 Chillicothe Ave  
Basic text study  
Absent

**Surrender from Self**

GSR- Daniel R  
Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd  
Rotating format  
No Report

**The War is Over:**

GSR – Dan G  
Saturday 7pm - St George Episcopal - 5520 Far Hills Rd  
Rotating format  
Our meeting is doing well, averaging 15 addicts per week or more. Our homegroup is solidified and still growing. We have a chairpersons choice rotating format. This month we made an Area Donation of \$64.32 and a Literature Order of \$48.14.

**True Blue:**

GSR – Stephanie B  
Sunday 6-7:15 - Peace Lutheran Church  
Rotating format  
True Blue is meeting face to face and is averaging 15-20 people. We have approximately (5.96) dollar



literature order from last month. We have a 40 dollar donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. le January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month. We'll make our donation next month when a member can attend! In loving service, Stephanie V

**LSC Minutes:** 11/17/24 at 4 pm, Zoom

Attendance: Doug, Nick, Sandi, Helen, Catherine

Readings:

Service Prayer- Catherine

12 tradition- Helen

12 concepts- Nick

Roll Call:

Chair-Helen-present

Vice Chair-open

Secretary-Sandi-present

PR-Jeff K- absent

H&I-Doug-present

Outreach-Catherine-present

Flyers-Open

Website-Britt-absent

Phone lines-Nick-present

Open Positions: Vice Chair, Flyers

Admin Reports, none

Coordinator reports:

H&I-Doug emailed report see below

Outreach-Catherine emailed report see below

Phone lines- Nick reports Call on Oct 30 th , Nov 4 th , both calls answered

Website-Britt emailed report see below

Open Forum:

Catherine thinking of ways to take service learning to the groups, have a different subcommittee go to a meeting and format the meeting like meeting of the month?

Helen-make a list of people (like Doug's list) who do service work

Doug-Take it to area and let the GSR's decide

Catherine-plan to go to area

Old Business : None

New Business:

Helen-should we make a motion for area for outreach?

Doug-probably not necessary, just make sure secretary puts convo in notes for reference. Let GSR's decide on level on involvement

Nick-motion to close, Catherine second

Serenity Prayer

H&I: Nothing new to report for this month. meetings are going well. We have plenty of literature.

ILS, Doug S

November Outreach Notes:

Thank-a-thon Learning Day was held on 11/16 @ St Georges. We had 22 in attendance. David L and Mark R shared their ESH on service and the importance of it for their recovery. Both delivered powerful messages. -To continue to provide service learning opportunities, we began discussions on bringing subcommittee chairs to interested homegroups and format similar to Meeting Of The Month.

Outreach is seeking interest of GSRs for a Service Learning Opportunity at their homegroup.

Gauging interest: Would your meeting like:

-To Learn More about service?

-How service can impact your recovery?

-Experience from those active in service?

If so, Outreach could provide a Service Learning opportunity at your meeting either with a Speaker or Panel.

Web report:

Good afternoon. The W.O.W. group on Wednesday evenings was removed from the schedule. The meeting is still open, however they have switched to DASCNA. I also made the adjustment on the schedule for Never Alone in Yellow Springs as they have returned inside the church for the colder season. Bonfires may resume in the spring. No other changes have been made this month. I would like to ask if someone would check the help wanted page and let me know if any changes need made that I have missed on open positions.

Thank you for allowing me to be of service. Britt B