



FIVE RIVERS AREA OF NA (FRASCNA)

April 28, 2024

Mosaic Church

A.) Call to Order - Martha 2:01

Moment of Silence/Serenity Prayer - Everyone

12 Traditions - Stephanie V

12 Concepts - Helen N

Service Prayer - Bob b.

B.) Roll Call

Group Name	December	January	December	April
Blinking Light	P	A	P	P
Drug Busters	A	A	A	A
Entirely Ready	P	A	A	P
Fairborn Basic Text	P	P	P	P
	A	P	P	
Guiding Principles	P	P	P	P
Living the Dream	P	A	P	P
	P	A	A	
More is Being Revealed	A	A	A	A
Never Alone	P	P	P	P
New Alive	P	P	P	P
Point of Freedom	A	A	P	A
Recovering Users	A	P	A	A
Serenity Down South	P	P	P	P
Sunday Night Stepping Out	A	A	A	A
Surrender from Self	A	A	A	P
The War Is Over	A	A	P	P
True Blue	P	P	P	P
WWW	A	A	A	A
Win on Wednesday	A	A	A	A
	11P 8A	8P 12A	8P 12A	11 P 7 A

New GSRs/Groups -

None

Chair OPEN

Vice Chair: OPEN

Treasurer: Freddie- PRESENT

Vice Treasurer: OPEN

Secretary: Raychel L - ABSENT (FILL IN STEPHANIE)

Vice Secretary: OPEN

RCM: Martha - PRESENT

RCM Alt: OPEN

Local Services: Helen- PRESENT

Policy: Steph B - PRESENT

Literature: OPEN

Activities: Dan G - PRESENT

C.) Reports

Chairperson: Verbal Report

Vice Chair: OPEN

Secretary: Please submit reports online to secretary@fiveriversna.org. Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know via email.

Vice Secretary: OPEN

Treasurer: Report attached

Vice Treasurer: OPEN

RCM: Report Attached- turned in receipt from donation made to Region. A lot of areas showed up and there was a good RCM meeting to talk about issues meetings are having. 1 issue was about areas who do not have areas available for women to be able to sponsor. Proposed putting phone list together to assist. Outreach subcommittee would pass on the information. 1 motion needed to go back to groups: proposed changes to policy for Region policy.

Local Services: Minutes attached

Full Circle wants a presentation to be given to staff and clients about what a Narcotics Anonymous meeting is. Please mention the survey in your homegroups.

-Outreach wants clarification on NA Group Starter Kit- that's in the policy.

Policy: **Stephanie** Report attached

Activities: Dan report attached

Literature: OPEN

Group Reports: Attached

D.) Open Forum

Talked about groups possibly using QR codes at home groups to accept donations.
TALKed about PayPay. Who has that account. We are not a 503C we did talk to an attorney. Talked about donate button on the website. Could we put in World's info and close our paypal?

E.) Old Business 10 in favor 0 opposed 1 abstention.

PR budget 7 in favor 0 opposed 3 abstentions.
Prudent Reserve 8 in favor 0 opposed 1 abstention

F.) New Business

Motion for Dave S to be Literature Chair

Motion for Ally K to be Vice Chair



FRASCNA Trusted Servant Nomination Form

Date: 4/26/24

Nomination for (position): Vice chair

Nominated by (Group/individual): Blinking Light

Nominee's Name: Ally K

Nominee's Qualifications:

Clean date 6/1/2023. Previous involvement in area service
and prior working knowledge of the 12 steps.

Clean Date: 6/1/2023

Current NA positions:
None

Past NA positions:
GSR of true blue and activities subcommittee chair

Service positions resigned from (explain reason why):
None

Motion for Policy update

Maker: Martha B

Seconded by Dan G.

Motion: Add item to secretary responsibilities in FRASCNA policy.

“The Secretary will have a minimum of 3 copies of the GSR welcome packet at each ASC meeting.”

Group talked about the pros and cons.

The intent of this motion is to support new GSRs who come to area know how to access ordering literature and such.

Jason brought up a motion about area having a picnic

G.) Motion to Close -

Open Positions - Vice Chair, Vice Secretary, Vice Treasurer, RCM, RCM alternate, Activities Coordinator

These minutes contain policy changing motions.

H.) Attached Reports

Policy: Please Encourage your committees to reach out and update that portion of policy to ensure all parts are added. Don't forget to look at the timeline to submit committee budgets. Policy has been updated and posted to the website with a few more changes possibly coming next month.

In loving service, Stephanie V.

Activities: Meet: 3rd Sunday of every month at 1 pm on Zoom

Report: On March 30 we hosted a Spiritual Breakfast, where we served breakfast and had a speaker share. Approximately 65 to 70 addicts attended. We are returning \$258 from leftover funds and money raised from the event. We are in discussions to hold our next event July and it will most likely be a picnic

Treasurer:

DATE: 3/24/2024		BALANCE FORWARD		
CHECK #	VENDOR		AMOUNT	
	Bank Fee		\$6.00	
	Dan G website		\$61.50	
	public relations		\$59.00	
	H&I Literature		\$249.60	
	Check #2024		\$169.45	
			\$0.00	
			\$0.00	
			\$0.00	
			\$545.55	
GROUP / SUBCOMMITTEE	DONATION / INCOME	GENERAL EXPENSE	LITERATURE EXPENSE	TOTAL EXPENSE
TNT	\$0.00			
Surrender From Self	\$25.00			
Living the Dream	\$90.00			
Entirely Ready	\$60.00			
Never Alone	\$65.00			
True Blue	\$51.00			
Serenity Down So.	\$0.00			
Fairborn Text St.	\$0.00			
Guiding Principles	\$116.00			
Blinking Light	\$18.50			
More is Being Revealed	\$0.00			
Point of Freedom	\$0.00			
Recovering Users	\$0.00			
New Alive	\$0.00			
Grow as we Go	\$0.00			
The War is Over	\$49.25			
Drug Busters	\$0.00			
Win On Wednesday	\$0.00			
Rob G	\$0.00			
Helen	\$0.00			
po box				
Activities		\$0.00	\$0.00	\$0.00
H&I		\$0.00	\$0.00	\$0.00
Public Relations		\$0.00	\$0.00	\$0.00
RCM		\$0.00		\$0.00
RCM-A		\$0.00		\$0.00
Secretary		\$0.00		\$0.00
TOTAL	\$474.75			\$545.55
INCOME				
			BAL. FWD.	\$817.60
			INCOME	\$474.75
			SUB TOTAL	\$1,292.35
			EXPENSES	\$545.55
			BALANCE	\$746.60
RECONCILIATION				
BALANCE PER BOOKS				\$746.60
OUTSTANDING DEPOSITS	Pay Pal			\$116.29
	Cash + Check			
OUTSTANDING CHECKS	2023			
			\$	-
	Prudent		\$	800.00
BALANCE PER BANK				\$603.29

RCM: It was a very busy RD/RCM meeting with a lot of information exchanged between Areas and from the Regional Delegate who represents us at the World Service Conference in California. One issue was about Areas who don't have enough women available as Sponsors. We proposed putting a phone list together of women who are available to take calls and possibly sponsor women. The list would be kept by the Outreach Subcommittee, and shared with Areas as needed. Most of the RCMs attended and we had a lot of good discussion.

Motions:

There were eight motions to consider, only one needed to go back to groups.

- Motion 2024: 04 goes back to the Groups. It proposes changes to the policy regarding funding for addicts not funded by their own Area. It is intended to clarify what can be reimbursed by the Region. I will include a copy of the motion when it's available in the RSC minutes so groups can see the motion as it was written.
- Motions voted on at the RSC meeting (Internal):
- 2024:03 – Changes policy to clarify description for RCMs submitting Area contact information. Passed
- 2024:05 – Changes policy to remove requirement for Secretary sending information (contacts or minutes) to NAWS. They no longer want the information and depend on the RD's report to supply Regional information. Passed
- 2024:06 – Change policy to add email address in Area contact information for RCM to bring to the Regional Secretary. Passed
- 2024:07 – Updates filing or the O.C.N.A Corporation Statutory Agent with the State Attorney General and specifies the process for updating filing status going forward. Passed
- 2024:08 – Motion to fund RD/RDA \$1000 to attend the next Midwest Zonal event in Chicago. Passed
- 2024:09 – Switch Regional Zoom account sign in and password to one all Regional Trusted Servants will know and have access to. (zoom@naohio.org). Passed
- 2024:10 – Allow Treasurer to write check to pay Holiday Inn directly instead of reimbursing the GCASCNA Area. (Invoice will not be available until Monday morning. Passed
- 2024:11 – Change policy to reflect updated terms of service for RD and RDA to coincide with the NAWS move to a three year conference cycle instead of two years. Passed

Nominations

Here is a quick list of the nominations, I'll send the actual nomination forms once I get the RSC minutes.

- Regional Chairperson – Sam G. (outgoing Treasurer) Clean date: 4 April (a bunch of years)
- Regional Chairperson – Tammy S. (outgoing Chairperson) Clean date: 28Jul2017
- Vice-Chair – Lenore P. (outgoing Vice-Chair) 5Dec2018
- Treasurer: Nonya S. (outgoing Vice Treasurer & Policy Coordinator)

- Webmaster: Mark R. (outgoing Webmaster) Clean date: 21Mar1990
- Secretary – Violet Phonenumber Chair – Jo D. (outgoing RCM, STACSNA) Clean date: 31Oct1984
- Policy Coordinator B. (Outgoing Vice-Secretary Clean date: 21Aug2019
- – David L. Clean date (32 years clean)
- H & I Chair – Emily T. (Outgoing H & I Chair) Clean date: 3Aug2005
- PR Chair – Collette S. Clean date: 31May2010
- Spring Traditions Retreat Chair – Raychell L. Clean date 21Feb2012

Open positions: Vice-Secretary, Vice Treasurer, Outreach Chair & Vice-Webmaster

There was discussion about the need to update our Convention Guidelines. Changes to the document will need to be coordinated with the Buckeye Region. I will be working with Aaron R. to move this forward. More will be revealed!

The Springfield Area has greatly improved Group participation at their Area Service Committee meetings. They are supplying pizza and it has made a difference! Maybe we could discuss doing something similar? Also, a suggestion would be to have Groups pick up their literature order at the ASC. Gerry has been acting as Literature Chair without holding the position for too long. We need to put more effort into filling positions.

The Region started with a balance of \$9028.43 and after expenses, and donations, the meeting ended with a balance of \$11353.32. For more information on financial information, look for the April Regional minutes to be posted on the naohio.org website.

Upcoming events:

May 4th

- MVASCNA (Miami Valley Area) OCNA 40 Fundraiser Carnival in Troy, Ohio
- MOASCNA (Mid Ohio Area) Psychedelic 60's OCNA 40 Fundraiser in Fostoria, Ohio

May 15th

SBASCNA (Sandusky Bay Area) Living Clean Group Anniversary

DASCNA (Dayton Area) Convention Fundraiser

The next Regional meeting will be held on July 13-14th, hosted by the KORASCNA (Kentucky Ohio Area) in Portsmouth Ohio

An addict asked if we get donations to the Area through our website. I said I didn't think so. Do we get any donations through the website?

I was only able to submit a partial list of FRASCNA contacts. I was disappointed when I did not get a response from the Secretary after requesting the information for my report.

Literature: Report February, March, April, through May 5, 2024 ● Beginning Cash balance 01/28/2024 = \$17.68
 ● 42 Literature orders processed/paid = \$1,996.45 ● Two Literature orders placed w/NAWS = \$669.36
 (02/13/24) & \$697.92 (03/27/2024) ● Cash balance as of 05/05/2024 = \$646.85 In Loving Service! Gerry O.

A Place to Share:

GSR – Candace T

7:00-8:15 on Thursdays – Recovery Plus Community Center – 333 N. Broad St. Fairborn

Rotating format

Absent

Blinking Light:

GSR – Katie S - katvb98@gmail.com

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson’s Choice Rotating format

Our meeting is doing well, averaging 40 to 50 addicts each meeting. This month we made an Area Donation of \$208

Entirely Ready:

GSR – Amy - roknhearsegrl@yahoo.com

7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

Literature, Chairperson’s choice

Good, steady attendance of around 15-20 addicts every week.

Fairborn Basic Text:

GSR - Jake S - sarberjake855@gmail.com

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Basic Text

Verbal report

Guiding Principles:

GSR - Brad K - bkeck1@gmail.com

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

No report

Living the Dream:

GSR - JP - jprecovers745@gmail.com

GSR Alt - Clayton H - hall.clayton@ymail.com

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

No report

More is Being Revealed:

GSR – Ashley C - ash.teneyck@gmail.com

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Absent

Never Alone:

GSR – Martha B - motomemaw@gmail.com

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

We did not make a literature order this month and are not making a donation this month as our Treasurer is out of town this weekend so we don't have access to the money.

The meeting has been very well attended with several treatment centers bringing addicts each week. Last night we had about 75 people at the meeting. I counted 55, but more folks kept showing up! In the last month we had home group members celebrate 10, 14, and 18 years of recovery. Last night an addict celebrated 40 years and addicts from the addict's sponsorship family came from as far away as Massachusetts and Florida to help them celebrate.

We are back to having having campfire meetings but keep rent paid at the church so we can meet there in bad weather. The campfire meeting is at an apartment building and last year there was a complaint about addicts parked in resident parking spaces. We now have a couple of addicts who are helping people park in the correct area and in a more orderly way since we have so many vehicles at the meeting.

Some years ago, the Area developed a document to help new GSRs. Somehow, that was forgotten but it's part of the Secretary duties to have some copies on hand. I am making a motion to change guidelines to include specifying Secretary keeping at least three copies of the welcome packet on hand at the ASC meeting. I am also requesting it be posted on the website separate from the Area forms download so it's more accessible to addicts considering the GSR position. Finally, our group voted to raise the prudent reserve to \$1780.

New Alive:

GSR – Ryan H - ryanharrigan801@gmail.com

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No Report

Point of Freedom:

GSR -

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Absent

One Step at a Time:

GSR -

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

Absent

Recovering Users:

GSR – Nick B - Nbutcher0335@gmail.com

Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh

Topic discussion

Verbal Report

Serenity Down South:

GSR – David C - dcollins.rn@me.com

Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459

Closed meeting, rotating format

No Report

Sunday Night Stepping Out:

GSR – Jason S - Snider_8@yahoo.com

Sunday 7-8pm - FRS 149 Chillicothe Ave

Basic text study

Absent

Surrender from Self

GSR- Daniel R -

Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd

Rotating format

No Report

The War is Over:

GSR – Dan G - djgreene@gmail.com

Saturday 7pm - St George Episcopal - 5520 Far Hills Rd

Rotating format

Meeting is doing alright, averaging 7 to 12 addicts per meeting. Still have a need for trusted servants. We had no literature order this month and made an Area donation of \$52.

True Blue:

GSR – Stephanie B - stephanie.bingamon@gmail.com

Sunday 6-7:15 - Peace Lutheran Church

Rotating format

True Blue is meeting face to face and is averaging 15-20 people. We have approximately a 20ish dollar literature order from last month. We have a 78 dollar donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. Ie January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month. We are having our home group anniversary picnic on June 9th. Food starts at 5 with a speaker at 6 pm. A flyer is coming. Save the date.

In loving service,

Stephanie V

Wednesday Women Warriors

GSR – Courtney P - Prestoncg91@gmail.com

Wednesday 7:30pm-8:30pm with option to extend 15 minutes

<https://us02web.zoom.us/j/82437292144>

Meeting ID: 824 3729 2144

Passcode: 668509

No report

Win on Wednesday:

GSR - Rick R - Patrol489@aol.com

Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd
Chair Choice, Rotating
Absent

Time and Day of Meeting(s): 4/21/24 at 4 pm
Meeting Location: Zoom

Report: (ie. attendance, events/anniversaries, format changes etc.)

Attendance: Sandi, Catherine C, Britt B, Doug S, Jeff K, Helen, Martha

Service Prayer: Sandi

Twelve Traditions: Britt

Twelve concepts: Catherine

Roll Call:

Chair-Helen-present

Vice Chair-open

Secretary-Sandi-present

PR-Jeff K- present

H&I-Doug-present

Outreach-Catherine-present

Flyers-Open

Website-Britt-present

Phone lines-Nick-absent

Open Positions:

Vice Chair

Flyers

No reported issues with last month's minutes

Admin Reports-Went to area last month and got everyone reimbursed. 19 groups in Frasca area at this time.

Group Reports:

PR-report emailed, see below and new schedules need printed, sending receipt for schedule

H&I-report emailed, see below

Helen reporting women's Decoach meeting wants another meeting. Sent money to Gerry for literature for H&I.

Outreach-emailed report, see below need reimbursed for MOM pizza party \$144.85

Martha reporting that our guidelines state that packets can be given to new groups to help the get set up.

At region meeting a phone list of women for outreach was discussed to help areas that do not have a lot of women to support that area, list can be given to women in need of support.

Doug thinks we have a new group packet.

LSC discussed what kind of starter packet do we want to put together?

Catherine states they will talk about this at next months meeting.

Flyers-Helen sent info and guidelines to Courtney who has expressed interest in Flyers.

Website-This week adding Spiritual Principle of the Day to the website, the front page. Donate button not being used, checking traffic on site to see if any interest in button, maybe consider getting rid of it.

Placed back at start of Covid. Is the PR survey just for April?

Jeff says the survey will probably get taken down at end of April.

Helen brought up concern that the donate button could violate traditions by outside contributions being made.

Jeff suggest sorting out the button at the are level.

Helen asked about Dan G mentioning something about ads on the website to help get the FRASCNA page at the top of a Google search?

Phonelines-Doug states Nick is struggling with the tech side of doing phone lines. Doud will help, Nick wants to continue to answer calls. Doug reports there was one call for April.

Old Business: Policy stuff. Doug emailed Stephanie about updating LSC info, please submit all policy updates at once.

New Business: Doug asking for everyone to look at their policy descriptions.

Doug asking if tabs on the website can be made to make it easy for people to find information IE. tab to click if wanting to start a meeting. Britt says this can be done.

Catherine asked for clarification about policy updates. Doug explained.

Doug states a new literature chair nomination is coming.

Helen asked if open positions can be put on website with a hyperlink that takes someone to description of position. Britt says yes and stuff be can put on front page of website and put on FB page.

Martha brought up giving people business cards at H&I meetings that people can turn into groups for basic text. Would need to get all groups on board for something like that.

Motion to close by Britt, seconded by Jeff

Serenity prayer

Hello family,

Scheduling:

Leora treatment center was delayed for lack of support. Waiting for confirmation of labor resources before presentation.

We recv'd another treatment center for April: Cornerstone

Full circle: PR "Intro to Meeting" has been scheduled for April 19th or 26th, in Fairborn.

Key Terrace with our 2nd H&I meeting. Key Terrace transitional housing project by MiamiValley Hospital for homeless mentally challenged and dual diagnosed patients.

Recvd reimbursement for Displays \$59 from area. Paid to Literature via venmo.

I am requesting reimbursement for NA Meeting Schedules. \$73.41 receipt coming when finished. Schedules will be available by area meeting. I have checked with website for accuracy.

Please mention survey in homegroups.

6th monthly PR task force meeting this Wednesday.

Hey this is link for PR meeting – 3rd Wednesday of the month at 5p see you there..

Meeting ID: 759 007 0783

Passcode: cof2020

ILS,

Jeff K

Hello LSC/FRASCNA

The to-do list completed this month.

1. I spoke to Policy about changes to be made. We agreed to wait till all changes were figured out to submit them all at once to area.
2. On a referral I spoke with Tom Ratliff from Cornerstone, got pertinent information and sent to PR
3. Contacted Dustin at DeCoach, checking in and inquiring about changing Monday meeting for another day. He contacted me and we will be discussing this coming week.
4. Editing format for current meetings. sent a copy of changes to LSC members.
5. waiting on literature order fulfillment from last month.

ILS,
Doug S

Outreach

Old Business

-4/1- had March Outreach meeting- Nick B and myself in attendance as we had to move meeting due to a few of us being out of town- discussed other ways we can help the groups other than MOM- in addition to regularly attending our assigned meetings, we are suggesting attending their business meetings semi regularly
Also discussed a new meeting packet. Can area provide a "starter kit" for new meeting- key tags, readings, IPs?
Also discussed bringing Banner wars back to up engagement, tabled that discussion since it was only 2 of us to bring back up in April Meeting

-4/15 MOM was Serenity Down South- 28 in attendance- Panel Discussion with Erin T, Minami K, and Nathan C- purchased 15 pizzas as we had been short at other meetings but had an excess

New Business

Lineup for MOM is as follows:

May- A Place to Share- (Thursday @ Recovery Plus)

June- Point of freedom (Thursday Beaver Creek)

July- Never Alone (Saturday Yellow Springs)

August- Win on Wednesday (Wednesday in Dayton)

September- New Alive (Thursday - Dayton on Woodman)

October- Surrender From Self (Sunday Kettering)