



FIVE RIVERS AREA OF NA (FRASCNA)

March 24th, 2024

Bellbrook United Methodist Church

A.) Call to Order - 2:06

Moment of Silence/Serenity Prayer - Raychel

12 Traditions - Daniel R

12 Concepts - Martha B

Service Prayer - Amy

B.) Roll Call

New GSRs/Groups - Amy - Entirely Ready, Courtney - Wednesday Women Warriors

| Group Name | January | February | March |
|------------------------|---------|----------|-------|
| A Place to Share | P | A | A |
| Blinking Light | P | P | P |
| Entirely Ready | A | A | P |
| Fairborn Basic Text | P | P | A |
| Guiding Principles | P | P | P |
| Living the Dream | P | P | P |
| More is Being Revealed | A | A | A |
| Never Alone | P | P | P |
| New Alive | P | P | P |
| One Step at a Time | P | A | A |
| Point of Freedom | A | P | A |
| Recovering Users | A | P | P |

| | | | |
|---------------------------|-----------|-----------|-----------|
| Serenity Down South | P | A | A |
| Sunday Night Stepping Out | A | A | A |
| Surrender from Self | A | P | P |
| The War Is Over | P | A | P |
| True Blue | P | P | P |
| Win on Wednesday | P | A | A |
| Wednesday Women Warriors | A | A | P |
| | P12 A8 | P12 A8 | P11 A8 |
| | | | |

C.) Reports

Chairperson: OPEN

Vice Chair: OPEN

Secretary: Raychel L - Report attached

Vice Secretary: OPEN

Treasurer: Freddie M - Verbal Report, Spreadsheet attached

Vice Treasurer: OPEN

RCM: Martha B - Report attached

Local Services: Helen N - Report attached

Policy: Stephanie B - Absent, Report attached

Activities: Dan G - Report attached

Literature: OPEN

Group Reports: Attached

D.) Open Forum

E.) Old Business

Prudent Reserve Increase Motion - Tabled until next month

We are requesting to increase the prudent reserve to 1780. We don't have an RCMA. Historically- PR, H&I, and LSC have not requested funds to travel to ORSCNA so we could remove them from the prudent reserve proposed budget. Which would reduce the updated prudent reserve to 1780.

| Budget | Every 3 months |
|---|----------------|
| Activities- 1200/year | 300 |
| Outreach- 150/month | 450 |
| Hospitals and Institutions- 250/month | 750 |
| Secretary-50/year | 12.50 |
| RCM to travel to ORSCNA- 200/every 3 months | 200 |
| RCMA to travel to ORSCNA- 200/every 3 months | 200 |
| PR to travel to ORSCNA- 120/every 3 months | 120 |
| LSC to travel to ORSCNA- 120/every 3 months | 120 |
| HI to travel to ORSCNA- 120/every 3 months | 120 |
| Post office box- 150/year | 37.50 |
| Church rental- 120/year | 30 |
| Total | 1780 |

F.) New Business

PR Budget Submitted - \$50/mo Literature & Pamphlets, \$30/mo Display (for Pamphlets), \$83/mo Print Schedules, business cards & Stickers – Based on the current cost @\$75 for schedules, business cards @\$48.08 and Labels @\$124.77 for labels every 3 months, \$163/Mo = \$1956 Annual

Open FRASCNA Positions: Chair, Vice Chair, Vice Secretary, Vice Treasurer, Literature, RCM Alt

Open LSC Positions: Vice Chair, Flyers

G.) Motion to Close - 2:55

H.) Attached Reports

Secretary: I apologize for the mistake in the new business section of the minutes. Please submit reports online to secretary@fiveriversna.org. Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know via email.

Treasurer:

| DATE: | | 2/25/2024 | | BALANCE FORWARD | \$6,268.53 |
|-----------------------------|-------------------|-------------------|--------------------|-----------------|------------|
| CHECK # | VENDOR | | | AMOUNT | |
| | Bank Fee | | | \$6.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$0.00 | |
| | | | | \$6.00 | |
| GROUP / SUBCOMMITTEE | DONATION / INCOME | GENERAL EXPENSE | LITERATURE EXPENSE | TOTAL EXPENSE | |
| INI | \$0.00 | | | | |
| Surrender From Self | \$50.00 | | | | |
| Living the Dream | \$37.00 | | | | |
| Entirely Ready | \$0.00 | | | | |
| Never Alone | \$0.00 | | | | |
| True Blue | \$81.60 | | | | |
| Serenity Down So. | \$0.00 | | | | |
| Fairborn Text St. | \$42.00 | | | | |
| Guiding Principles | \$26.00 | | | | |
| Blinking Light | \$118.00 | | | | |
| More is Being Revealed | \$0.00 | | | | |
| Point of Freedom | \$0.00 | | | | |
| Recovering Users | \$0.00 | | | | |
| New Alive | \$60.00 | | | | |
| Grow as we Go | \$0.00 | | | | |
| The War is Over | \$0.00 | | | | |
| Drug Busters | \$0.00 | | | | |
| Win On Wednesday | \$0.00 | | | | |
| Rob G | \$0.00 | | | | |
| Helen | \$0.00 | | | | |
| po box | -\$91.00 | | | | |
| Activities | -\$300.00 | \$0.00 | \$0.00 | \$0.00 | |
| H&I | | \$0.00 | \$0.00 | \$0.00 | |
| Public Relations | | \$0.00 | \$0.00 | \$0.00 | |
| RCM | | \$0.00 | | \$0.00 | |
| RCM-A | | \$0.00 | | \$0.00 | |
| Secretary | | \$0.00 | | \$0.00 | |
| TOTAL | \$23.60 | | | \$6.00 | |
| INCOME | | | | | |
| | | | | BAL. FWD. | \$6,268.53 |
| | | | | INCOME | \$23.60 |
| | | | | SUB TOTAL | \$6,292.13 |
| | | | | EXPENSES | \$6.00 |
| | | | | BALANCE | \$6,286.13 |
| RECONCILIATION | | | | | |
| BALANCE PER BOOKS | | \$817.60 | | | |
| OUTSTANDING DEPOSITS | Pay Pal | \$116.29 | | | |
| | Cash + Check | | | | |
| OUTSTANDING CHECKS | 2023 | \$5,468.53 | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | Prudent | \$800.00 | | | |
| BALANCE PER BANK | | \$6,292.62 | | | |

RCM: The April Regional Service Committee meeting will be hosted by the Greater Cincinnati Area. The meeting will be on April 13th and 14th at the Eastgate Holiday Inn. I plan to share a room with a couple of other addicts and will not need any reimbursement for the hotel.

We have several Ohio Regional events coming up and I hope everyone can make plans so they don't miss out!

March 26th SBASCNA (Sandusky Bay Area) is Heart to Heart meeting anniversary

April 13th COASCNA (Central Ohio Area) H & I Fundraiser

April 13th SBASCNA Speaker Jam and Potluck

April 20th PUASCNA (Phoenix United Area) Speaker Jam in Bellefontaine, OH

April 20th HAMASCNA Spring Fling fundraiser for Serenity in the Woods campout

April 20th SVASCNA Area (Scioto Valley Area) 1 year anniversary in Chillicothe, OH

May 24-26th OCNA 40 Ohio Convention hosted by the LEGS Area of the Buckeye Region

Planning for the 2025 State Convention of NA is well underway. The convention is being hosted by the HAMASNA Area (Hamilton and Middletown Area). I believe all positions are filled and it's great to hear our convention planning is back on schedule after setbacks and challenges caused by Covid.

Policy: Please encourage your committees to reach out and update that portion of policy to ensure all parts are added. Don't forget to look at the timeline to submit committee budgets. Policy has been updated and posted to the website. In loving service, Stephanie V.

Activities: The Activities Committee is doing well. We are growing and still adding new members. We meet on the 3rd Sunday of every month at 1 pm on Zoom. Link can be found on the website. We are getting ready for the Spiritual Breakfast which is on Saturday, March 30th from 10 am to 1 pm. We will be providing breakfast, our budget is \$300, and there will be a speaker. We are also hoping to host a Speaker Jam sometime in the Spring, preferably on a Saturday. Location, Date and Time, and Format to be determined. In Loving Service, Daniel G.

A Place to Share:

GSR – Candace T

7:00-8:15 on Thursdays – Recovery Plus Community Center – 333 N. Broad St. Fairborn

Rotating format

Absent

Blinking Light:

GSR – Katie S - katvb98@gmail.com

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson's Choice Rotating format

Our meeting is doing well, averaging 30 to 40 addicts each meeting. This month we made an Area Donation of \$18.50 and a literature order of \$88.

Entirely Ready:

GSR – Amy - roknhearsegrl@yahoo.com

7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

Literature, Chairperson's choice

Area Donation: \$60 - Improved attendance, more newcomers attending. End time of meeting is being debated because sometimes the chair person closes before 8:15pm.

Fairborn Basic Text:

GSR - Jake S - sarberjake855@gmail.com

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Basic Text

Absent

Guiding Principles:

GSR - Brad K - bkeck1@gmail.com

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

No report

Living the Dream:

GSR - JP - jprecovers745@gmail.com

GSR Alt - Clayton H - hall.clayton@ymail.com

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

No report

More is Being Revealed:

GSR – Ashley C - ash.teneyck@gmail.com

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Absent

Never Alone:

GSR –

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

The meeting has been well attended and several treatment centers are bringing clients regularly. Our rent is up to date, and we are making a \$65 donation to the Area. Spring is on the way! Starting April 6th, we will be meeting outdoors again, weather permitting. We pay rent to the facility for outdoor meetings, but also maintain our rent at the church for days when the weather doesn't cooperate. We have had two addicts celebrate significant anniversaries this month of ten and thirteen years.

New Alive:

GSR – Ryan H - ryanharrigan801@gmail.com

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No Report

Point of Freedom:

GSR -

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Absent

One Step at a Time:

GSR -

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

Absent

Recovering Users:

GSR – Nick B - Nbutcher0335@gmail.com

Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh

Topic discussion

Verbal Report

Serenity Down South:

GSR – David C - dcollins.rn@me.com

Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459

Closed meeting, rotating format

Absent

Sunday Night Stepping Out:

GSR – Jason S - Snider_8@yahoo.com

Sunday 7-8pm - FRS 149 Chillicothe Ave

Basic text study

Absent

Surrender from Self

GSR- Daniel R -

Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd

Rotating format

No Report

The War is Over:

GSR – Dan G - djgreene@gmail.com

Saturday 7pm - St George Episcopal - 5520 Far Hills Rd

Rotating format

Our meeting is growing, averaging 7 to 12 addicts per week, and we have added home group members in recent weeks. On March 16 we were chosen to be Meeting of the Month, where pizza was provided, a great story was shared, and 45 addicts attended. This month we made an Area Donation of \$49.25 and a Literature order of \$17.63. On April 6th the church where we meet is holding an event in our usual meeting space, so we will meet upstairs that Saturday in the Parish Hall.

True Blue:

GSR – Stephanie B - stephanie.bingamon@gmail.com

Sunday 6-7:15 - Peace Lutheran Church

Rotating format

True Blue is meeting face to face and is averaging 15-20 people. We have approximately a 51.87 dollar literature order from last month. We have a 24.58 dollar donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. In January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month.

Wednesday Women Warriors

GSR – Courtney P - Prestoncg91@gmail.com

Wednesday 7:30pm-8:30pm with option to extend 15 minutes

<https://us02web.zoom.us/j/82437292144>

Meeting ID: 824 3729 2144

Passcode: 668509

No report

Win on Wednesday:

GSR - Rick R - Patrol489@aol.com

Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd

Chair Choice, Rotating

Absent

LSC Minutes:

Service Prayer: Britt

Twelve Traditions: Catherine

Twelve concepts: Doug

Roll Call:

Chair-Helen-present

Vice Chair-open

Secretary-Sandi-present

PR-Jeff K- present

H&I-Doug-present

Outreach-Catherine-present

Flyers-Open

Website-Britt-present

Phone lines-Nick-absent

Open Positions: Vice Chair, Flyers

No reported issues with last month's minutes

Admin Reports-Helen out of town in Feb

Group Reports:

Website - Finished website renewals, Dan G needs reimbursed \$61.60, receipt below. Bellbrook church emailed website to see when someone will bring the keys to the church now that area is not there

Phonelines - Doug reported 6 calls come in last month, several calls answered

Outreach - report emailed, see below

Need to verify monthly pizza budget, think its \$150

Jeff added measuring the success of the meeting of the month pizza parties is a good idea, can add it to the area survey.

H&I - emailed report, see below, needs reimbursed \$250 for literature

PR emailed report, see below

Old Business-

. Catherine says Courtney is interested in Flyers and plans to attend LSC next month

Policy updates to LSC need to be looked at, Doug has some ideas on how to make it easy and congruent

New Business-

Britt states that #16 under website can be removed, it says teach GSR how to update meetings on world services. That is not done anymore.

Britt motion to close, Jeff second

3/17/24 LSC Meeting Reports

Outreach: Old Business - 3/16 MOM was at the war is over, there were 45 in attendance. The group picked their own speaker who was Hunter who carried a strong message.

The meeting was very much struggling so this feature was helpful. Needed to plan for more pizza the last 2 meetings we did not have enough.

-overall responses to outreach visits have been positive

New Business - Serenity Down South in Centerville will be featured in April.

-Win On Wednesday is now requesting meeting of the month and

-Outreach members have asked what we can offer when visiting groups. We are sharing we want to make sure they have resources to stay afloat, but what can we offer them other than MOM?

-We discussed wanting to ensure MOM is productive and it is a good use of areas money, living the dream reported meeting attendance has been up since we visited last. Any other measuring suggestions?

-Can I be reminded of budget that was allocated for MOM? Be paid 3 months ahead? I have receipt for Feb and March.

Catherine

H&I: Hello, I was unable to make Area meeting in February I had Flu. Old business that still need to be addressed:

- 1.Survey did not get presented to area
- 2.I did not get to go over policy revisions with Policy.

Here are new action items accomplished this month:

- 1.I ordered literature and picked up a partial fulfillment from Gerry. I will be dropping off literature to Helen for DeCoach and I will keep other half for Mens DeCoach
- 2.I emailed copy of PR flyer guidelines to Outreach

ILS,

Doug

Public Relations: Hello family,

Scheduling:

Leora treatment center for March:

Full circle: for an intro to meetings meeting with their clients. They have Locations in Dayton, Fairborn, and Springfield.

Key Terrace with our 2nd H&I meeting. Key Terrace transitional housing project by MiamiValley Hospital for homeless mentally challenged and dual diagnosed patients.

I would like to submit a budget for PR to include displays, Pamphlets, printing schedules & Literature.

\$50/mo Literature & Pamphlets

\$30/mo Display (for Pamphlets)

\$83/mo Print Schedules, business cards & Stickers – Based on the current cost @\$75 for schedules, business cards @\$48.08 and Labels @\$124.77 for labels every 3 months

\$163/Mo = \$1956 Annual

I would like to get approval for the expense of the \$59 for 2 pamphlet displays from Literature for treatment centers. (Receipt attached)

I am finalizing a survey to submit to area in March. The survey will help to review the effectiveness of current materials (Business cards, website, labels and schedules), and what can the area do better to serve, (Functions/events, service education, communication,...etc). Some of you may have recvd the trial run and asked for feedback.

5th monthly PR task force meeting this Wednesday.

Hey this is link for PR meeting – 3rd Wednesday of the month at 5p see you there..

Meeting ID: 759 007 0783

Passcode: cof2020

ILS,

Jeff K