



FIVE RIVERS AREA OF NA (FRASCNA)

February 25th, 2024

Bellbrook United Methodist Church

A.) Call to Order - 2:03

Moment of Silence/Serenity Prayer - Stephanie

12 Traditions - Dan G

12 Concepts - Stephanie V

Service Prayer - Ryan H

B.) Roll Call

New GSRs/Groups - Bob - Living the Dream - buckeyefan1214@gmail.com, Nick - Never Alone, Candace T - A Place to Share

Group Name	December	January	February
A Place to Share	P	P	A
Blinking Light	P	P	P
Entirely Ready	P	A	A
Fairborn Basic Text	P	P	P
Guiding Principles	P	P	P
Living the Dream	P	P	P
More is Being Revealed	A	A	A
Never Alone	P	P	P
New Alive	P	P	P
One Step at a Time	P	P	A
Point of Freedom	A	A	P
Recovering Users	P	A	P

Serenity Down South	A	P	A
Sunday Night Stepping Out	A	A	A
Surrender from Self	A	A	P
The War Is Over	P	P	A
True Blue	P	P	P
Win on Wednesday	A	P	A
Wednesday Women Warriors	A	A	A
	P12 A8	P12 A8	P12 A8

C.) Reports

Chairperson: OPEN

Vice Chair: Theron O - Verbal Report

Secretary: Raychel L - Please submit reports online to secretary@fiveriversna.org. Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know via email.

Vice Secretary: OPEN

Treasurer: Freddie M - Verbal Report, Spreadsheet attached

Vice Treasurer: OPEN

RCM: Martha B - Absent, report attached

Local Services: Helen N - Report attached

Policy: Stephanie B - Report attached

Activities: Dan G - Report attached

Literature: OPEN

Group Reports: Attached

D.) Open Forum

E.) Old Business

Ad Hoc Committee to find new area

F.) New Business

Move to Mosaic Church - 8 For, 2 Abs - PASSED - \$10 donation PASSED

Prudent Reserve Increase Motion -

We are requesting to increase the prudent reserve to 1780. We don't have an RCMA. Historically- PR, H&I, and LSC have not requested funds to travel to ORSCNA so we could remove them from the prudent reserve proposed budget. Which would reduce the updated prudent reserve to 1780.

Budget	Every 3 months
Activities- 1200/year	300
Outreach- 150/month	450
Hospitals and Institutions- 250/month	750
Secretary-50/year	12.50
RCM to travel to ORSCNA- 200/every 3 months	200
RCMA to travel to ORSCNA- 200/every 3 months	200
PR to travel to ORSCNA- 120/every 3 months	120
LSC to travel to ORSCNA- 120/every 3 months	120
HI to travel to ORSCNA- 120/every 3 months	120
Post office box- 150/year	37.50
Church rental- 120/year	30

Total	1780
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Open FRASCNA Positions: Chair, Vice Chair, Vice Secretary, Vice Treasurer, Literature, RCM Alt

Open LSC Positions: Vice Chair, Flyers, Phonenumber

G.) Motion to Close - 2:49

H.) Attached Reports

Secretary: I am delighted to serve NA in a reasonable capacity but would like to address the service body about our dire need for support on the administrative committee. I know I am preaching to the choir as everyone in this room is of service, but I urge GSRs to take back our needs to their homegroups. Our Area body is here to be of service to the groups, but it is the groups responsibility to provide us with the resources we need to operate.

Blinking Light:

GSR – Katie S - katvb98@gmail.com

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson's Choice Rotating format

Area Donation: \$118, Average attendance 60-70. Lots of newcomers, we could use support from members with clean time.

Entirely Ready:

GSR – Brian B - burdinebrianbdmr@gmail.com

7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

Absent

Fairborn Basic Text:

GSR - Jake S

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Basic Text

Verbal Report

Guiding Principles:

GSR - Brad K - bkeck1@gmail.com

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

No report

Living the Dream:

GSR - JP - jprecovers745@gmail.com

GSR Alt - Clayton H - hall.clayton@ymail.com

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

More is Being Revealed:

GSR – Ashley C - ash.teneyck@gmail.com

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Absent

Never Alone:

GSR –

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

No Report

New Alive:

GSR – Ryan H - ryanharrigan801@gmail.com

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No Report

Point of Freedom:

GSR - (Temp) Tim H

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Verbal Report

One Step at a Time:

GSR -

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

No Report

Recovering Users:

GSR – Nick B - Nbutcher0335@gmail.com

Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh

Topic discussion

Verbal Report

Serenity Down South:

GSR – David C - dcollins.rn@me.com

Monday 7:00-8:15 - 63 East Franklin St, Centerville, OH 45459

Closed meeting, rotating format

Absent - Emailed report

I was emailing in regards to the January 2024 minutes. I was at the area meeting last month and submitted the new email address to be used for Serenity Down South. We did not receive minutes and noticed that they are posted on the area web page, so we pulled them from there for our home group meeting tonight. Can you please add this email, dcollins.rn@me.com, for the contact email for Serenity Down South? Also, we noticed the minutes showed us present in roll call, and absent in the meeting list on page 7 but we were there. Also, the meeting list only has our street address of 63 E. Franklin St. Can you please add Centerville, OH 45459 to it? Thanks for your service! David C

Sunday Night Stepping Out:

GSR – Jason S - Snider_8@yahoo.com

Sunday 7-8pm - FRS 149 Chillicothe Ave

Basic text study

Absent

Surrender from Self

GSR- Daniel R -

Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd

Rotating format

No Report

The War is Over:

GSR – Dan G - djgreene@gmail.com

Saturday 7pm - St George Episcopal - 5520 Far Hills Rd

Rotating format

True Blue:

GSR – Stephanie B - stephanie.bingamon@gmail.com

Sunday 6-7:15 - Peace Lutheran Church

Rotating format

True Blue is meeting face to face and is averaging 15-20 people. We have approximately an 11.40 dollar literature order from last month. We have a 81.60 dollar donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. le January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month. In loving service, Stephanie V

Wednesday Women Warriors

GSR – Helen N - hneale66@gmail.com

Wednesday 7:30pm-8:30pm with option to extend 15 minutes

<https://us02web.zoom.us/j/82437292144>

Meeting ID: 824 3729 2144

Passcode: 668509

Absent

Win on Wednesday:

GSR - Rick R - Patrol489@aol.com

Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd

Chair Choice, Rotating

Absent

LSC Report: Attendance: Sandi, Catherine C, Britt B, Doug S, Nick B, Rob G, Martha B

Service Prayer: Rob

Twelve Traditions: Britt

Twelve concepts: Martha

Roll Call:

Chair-Helen-absent

Vice Chair-open

Secretary-Sandi

PR-Jeff K- absent

H&I-Doug-present

Outreach-Rob-present

Flyers-Open

Website-Britt-present

Phone lines-Nick-present

Open Positions:

Vice Chair

Flyers

No reported issues with last month's minutes

Admin Reports-none

Group Reports:

Website-submitted via email, see below

Phonelines-reports no calls

Outreach-emailed report, see below

Rob would like to participate in more H&I and PR functions, would like to step back and let Catherine C take over as coordinator.

Catherine reports 2 new outreach members have joined. Fairborn Text Study is Feb meeting of the month. War is Over possible for March.

Rob states Hillsboro has joined another area.

Britt-Dave from Serenity Down South expressed interest in meeting of the month.

H&I-submitted via email, see below

PR-submitted via email, see below

Old Business- Helen in Hawaii in February. Helen was to look at Outreach section under policy and check with Stephanie.

Discussion about survey.

New Business- Rob nominated Catherine C to take over as Outreach Coordinator. Group votes yes for Catherine as coordinator.

Catherine has someone in mind she will ask if they would be interested in doing flyers.

Doug has a PDF file of how to instruct someone o how to interact with the public when passing out flyers.

Group looked thru policy: Need to ask to remove #14 under website-website does not have to attend area.

Doug-take down H&I meeting, there is not monthly meeting at this time.

Catherine-should we try to re-engage in Banner Wars. Rob states we tried in past and it didn't get traction. Maybe try again in future?

Doug-Wants to keep talking about open positions and keep people in mind for positions.

Britt-Motion to close, Rob second

Serenity Prayer

Website report for LSC 2/18/2024

This month, Website added 2 flyers - a spiritual breakfast in March and the meeting of the month flyer. An updated area policy was also added , as well as the pre registration for OCNA.

I have included some FB group insight:

Past month:

Posts are down 5%

Comments are down 68%

Reactions are down 13%

Flyers for our area seem to reach the biggest audience. Thursday is the most popular day. And 8am is the most popular time to post.

That is all the report I have.

Thank you for allowing me to be of service.

Britt B

Hi Sandi,

Here is the outreach report for January. Catherine C will be submitting a report that encompass what I am sending along with her updates, as she has assumed the chairperson's position on an interim basis. Her confirmation will likely be completed at today's meeting.

Let me know if you have any questions?

ILS, Rob G

FRASNA Outreach Report

1/28/2024

Old Business-

We hosted an out of town speaker meeting via Zoom at the December M.O.M.,

Living the Dream

About 50 people attended, including many newcomers.

David R (46 years clean) from Dunedin Fla was the speaker.

He carries a strong message, the approach was well received.

New Business-

-We now have 3 meetings requesting to be listed as M.O.M. For 2024.

They are listed below.

1-Fairborn Text Study- Wednesday 7:30-8:30

2-The War is Over- Saturday 7:00-8:15

3-Point of Freedom- Thursday 7:30-8:30

-Any suggestions on which meeting should be selected for February? Fairborn Basic text was selected. They will be using a panel discussion format

-How should this be shared within the NA community?

Facebook-?

Monthly Flyer-?

Website-?

All of the above-?

Any additional ideas-?

Any other new business?

Open Forum-

Following a discussion with my sponsor, I have decided to step down from the Outreach Chairperson position to assist with H & I functions.

My Higher Power has directed me back to service in that area.

I have served in this capacity earlier in my process, it is one close to my heart, for two reasons.

1. While I was in a long term state treatment facility, CCC in Lebanon, guys from that NA area brought a message of hope to use weekly, it made a difference!
2. My numerous stints in various lock down facilities has made me comfortable going into any/all areas in which the "sick and suffering addict" may find themselves, therefore I'm equipped to serve.

Does anyone have a willingness to assume the chairperson position? Catherine C. expressed a willingness to assume the Committee Chair position.

She has been working in that position in an interim basis until she is confirmed by the LSC committee.

The remainder of the report will be provided by her.

1.Meetings for DeCoach are going well.

2.I did not order any literature this month as we had plenty left over from last month.

3.I did attend the January Area meeting and brought the GSR questionnaire up in new business.

Helen took notes of GSR responses and we sent those to PR to include in the questionnaire.

4. Spoke to Danielle H about DCI volunteer opportunities. I have info for those interested.

5.2 missed calls on the phone line. looks like they hung up and did not leave a message.

ILS,

Doug S

Hello family,

I apologize but i will not be able to meet this afternoon at 4pm. My niece purchased Tickets to the ballet this afternoon as a christmas present.

Here is my report: (I've attached a report for convenience.)

Scheduled Key Terrace with H&I. Key Terrace long term housing project by Miami Valley Hospital for homeless, mentally challenged and dual diagnosed patients. We have scheduled our first visit for H&I FEB 27th.

Gave Presentation to Full circle in Fairborn January 26th to discuss what NA can and cannot do for the facility. (Meetings and literature). They have Locations in Dayton, Fairborn, and Springfield. We were asked to host a "Intro to Meetings" – Meeting once a month 10am on a Friday. Working with H&I to resource.

Scheduling Leora Treatment center for presentation in February.

4th monthly PR task force meeting this Wednesday. Sharing ideas and success to encourage each other and support when possible. Inviting Columbus, Springfield, and Miami Valley area. Mission – to Work on challenges facing PR areas and sharing ideas to help spread the word to help the addict still suffering.

Here is the link for PR Task Force meeting – 3rd Wednesday of the month at 5pm

Meeting ID: 759 007 0783

Passcode: cof2020

SURVEY to gather info on vehicle to market better to the addict seeking the message. "How did you hear about NA, Na meetings, Get connected?" Poster campaign, summer events, website, business cards, contact info on Literature distributed/available in treatment centers, ...

Survey- How did this go in the area meeting?

How did you hear about NA?

How did you find a meeting?

What can we do better to serve?

Annual Group Inventory?

Working on annual budget for LSC committee.

ILS, Jeffrey Kirk

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