



FIVE RIVERS AREA OF NA (FRASCNA)

January 28th, 2024

Bellbrook United Methodist Church

**A.) Call to Order - 2:22**

Moment of Silence/Serenity Prayer - Raychel L

12 Traditions - Freddie M

12 Concepts - Stephanie V

Service Prayer - Ryan H

**B.) Roll Call**

New GSRs/Groups -

Group Name	November	December	January
A Place to Share	-	P	P
Blinking Light	P	P	P
Drug Busters and Wilmington	A	A	A
Entirely Ready	P	P	A
Fairborn Basic Text	P	P	P
Guiding Principles	P	P	P
Living the Dream	P	P	P
More is Being Revealed	A	A	A
Never Alone	P	P	P
New Alive	P	P	P
One Step at a Time	-	P	P
Point of Freedom	A	A	A

Recovering Users	P	P	A
Serenity Down South	A	A	P
Sunday Night Stepping Out	A	A	A
Surrender from Self	A	A	A
The War Is Over	P	P	P
True Blue	P	P	P
Win on Wednesday	A	A	P
Wednesday Women Warriors	P	A	A
	P11 A8	P12 A8	P12 A8

### C.) Reports

Chairperson: OPEN

Vice Chair: Theron O - Verbal Report

Secretary: Raychel L - Please submit reports online to [secretary@fiveriversna.org](mailto:secretary@fiveriversna.org). Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know via email.

Vice Secretary: OPEN

Treasurer: Freddie M - Verbal Report, Spreadsheet attached

Vice Treasurer: OPEN

RCM: Martha B - Absent, report attached

Local Services: Helen N - Report attached

Policy: Stephanie B - Report attached

Activities: Dan G - Report attached

Literature: OPEN - Report attached

Group Reports: Attached

**D.) Open Forum**

**E.) Old Business**

Policy Changes - 7 for, 4 abs

**F.) New Business**

Ad Hoc Committee to find new area - Blinking Light, Second - H&I - PASSES

LSC Survey - meeting info, service knowledge

**Open FRASCNA Positions: Chair, Vice Chair, Vice Secretary, Vice Treasurer, Literature, RCM Alt**

**Open LSC Positions: Vice Chair, Flyers, Phonenumber**

**G.) Motion to Close - 3:02**

**H.) Attached Reports**

**Treasurer:**

DATE:		12/17/23	BALANCE FORWARD	\$4,521.03
CHECK #	VENDOR		AMOUNT	
	Bank Fee		\$6.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
GROUP / SUBCOMMITTEE	DONATION / INCOME	GENERAL EXPENSE	LITERATURE EXPENSE	\$6.00
TNT	\$0.00			TOTAL EXPENSE
Surrender From Self	\$0.00			
Living the Dream	\$30.00			
Entirely Ready	\$11.00			
Never Alone	\$0.00			
True Blue	\$31.24			
Serenity Down So.	\$0.00			
Fairborn Text St.	\$58.00			
Guiding Principles	\$76.00			
Blinking Light	\$122.00			
More is Being Revealed	\$0.00			
Point of Freedom	\$0.00			
Recovering Users	\$0.00			
New Alive	\$0.00			
Grow as we Go	\$0.00			
The War is Over	\$0.00			
Drug Busters	\$0.00			
Win On Wednesday	\$0.00			
Rob G	-\$72.00			
Activities	\$0.00	\$0.00	\$0.00	\$0.00
H&I		\$0.00	\$0.00	\$0.00
Public Relations		\$0.00	\$0.00	\$0.00
RCM		\$0.00		\$0.00
RCM-A		\$0.00		\$0.00
Secretary		\$0.00		\$0.00
<b>TOTAL</b>	<b>\$256.24</b>			<b>\$6.00</b>
<b>INCOME</b>				
			BAL. FWD.	\$4,521.03
			INCOME	\$256.24
			SUB TOTAL	\$4,777.27
			EXPENSES	\$6.00
			BALANCE	\$4,771.27
<b>RECONCILIATION</b>				
<b>BALANCE PER BOOKS</b>			\$4,771.27	
<b>OUTSTANDING DEPOSITS</b>	Pay Pal		\$194.01	
	Cash + Check		\$256.24	
<b>OUTSTANDING CHECKS</b>	2018		\$300.00	
	2019		\$250.00	
	2020		\$113.00	
	2021	\$	198.18	
		\$	-	
	Prudent	\$	800.00	
<b>BALANCE PER BANK</b>			<b>\$5,510.89</b>	

**Policy:** Policy has been updated according to motions last month and to make a few more items easier to find. Please Encourage your committees to reach out and update that portion of policy to ensure all parts are added. Don't forget to look at the timeline to submit committee budgets. Waiting for updates from this vote to finish updating the policy. In loving service, Stephanie V.

**Activities:** Five Rivers held a successful New Years Eve party and raised \$322 for OCNA. We are returning \$74 in left over event funds to the Area. We believe we had at least 65 people attend the event. Our activities group is

growing, we are attracting more volunteers! We met last week and determined the events we want to host this year. Our projected budget for 2024 is \$1200, according to our policy.

The events we want to host are as follows:

- Spiritual Breakfast - March
- Speaker Jam - May
- Canoe/Kayak event and picnic - July
- Golf outing - September
- Halloween Party - October

These events are not set in stone and are subject to change. If you have any questions or ideas for an event please let us know, or better yet attend our monthly planning meeting on the third Sunday of the month at 1 pm on Zoom! Details on Five Rivers Website.

**Literature:** Report November 2023 • Beginning Cash balance 10/22/2023 = \$470.55 • 8 Literature orders processed/paid = \$266.69 • One Literature order places w/NAWS = \$552.62 • Cash balance as of 11/26/2023 = \$184.62 - In Loving Service! Gerry O.

**RCM:** Good afternoon,

I am unable to be at the meeting in person. I was hoping Zoom attendance was an option but didn't see a link on the Area business section of the website. I would like to make a motion, if that's what is needed, to add the option of Zoom attendance to the monthly business meeting with the intent of increasing attendance and group participation at the meeting.

I attended the January Regional meeting but don't have anything significant to report at this time. I will review the minutes and give a better report in February.

Work on OCNA40 (Ohio Convention of Narcotics Anonymous), the 2024 Ohio convention is well under way. As with the 2023 convention, hosted by the Ohio Region, the committee was forced to start later than expected and this makes it extremely hard to plan and pay for the convention. Addicts are being encouraged to register as soon as possible to help cover the cost of the event and as usual Areas are being asked to hold fundraisers as well. I think addicts can get a basic registration package for only \$30 until the end of February (I'm confused by the flyer and have asked for clarification). Banquet tickets are \$50 and other entertainment ideas are being considered including a comedy show and/or dance. I'm attaching a pre-registration flyer with my report. Addicts can find more information on the OCNA 40 webpage at <https://legsna.org/ocna-40-3>.

Also, while the convention is hosted by the Buckeye Region this year, this is a state convention. There are still a couple of open positions, and the committee members are welcoming addicts from the Ohio Region to be part of the service committee. As of the January 7<sup>th</sup> meeting, the positions of Vice-Treasurer, Special Needs Coordinator and Welcoming Chairperson are still open. Please go to the OCNA 40 website for information on upcoming meetings if you are interested in chairing a position, or just being part of the committee.

The OCNA 41 convention will be hosted by the Hamilton Area in 2025 and had their first committee meeting yesterday. Yay! Starting on time! The positions unfilled are Treasurer and Vice-Treasurer. If you are interested in filling a position or being a part of the committee, the next meeting will be on the 4<sup>th</sup> Sunday of February at 1pm In-person and on Zoom. Go to the [naohio.org](http://naohio.org) website for more information or contact me.

Thank you for allowing me to serve the fellowship that not only saved my life, but also gave me a life worth living. Love and Gratitude, Martha B.

**A Place to Share:**

GSR – Eric S - [ericrecovery99@gmail.com](mailto:ericrecovery99@gmail.com)

7:00-8:15 on Thursdays – Recovery Plus Community Center – 333 N. Broad St. Fairborn

Rotating format

Our meeting has a chair person choice rotating format and is growing between 20 to 30 at the meeting

**Blinking Light:**

GSR – Katie S - [katvb98@gmail.com](mailto:katvb98@gmail.com)

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson's Choice Rotating format

Area Donation: \$85, Average attendance 60-70. Lots of newcomers, we could use support from members with clean time.

**Drug Busters and Wilmington:**

GSR - Ryan H - [Hall.1430@osu.edu](mailto:Hall.1430@osu.edu) - represents all Wilmington meetings

**Drug Busters** - Tuesday, 630-730p - Peace Lutheran Church – 231 Harry Sauner Rd. Hillsboro, Ohio 45133 -

Chairperson's Choice

**Study Buddies** - Thursday, 6-7p - Dove Church – 1499 Rombach Avenue, Wilmington, OH 45177 - Living Clean

Absent

**Entirely Ready:**

GSR – Brian B - [burdinebrianbdmr@gmail.com](mailto:burdinebrianbdmr@gmail.com)

7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

Absent

**Fairborn Basic Text:**

GSR - Jake S

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Basic Text

Verbal Report

**Guiding Principles:**

GSR - Brad K - [bkeck1@gmail.com](mailto:bkeck1@gmail.com)

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

No report

**Living the Dream:**

GSR - JP - [jprecovers745@gmail.com](mailto:jprecovers745@gmail.com)

GSR Alt - Clayton H - [hall.clayton@ymail.com](mailto:hall.clayton@ymail.com)

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

Area Donation: \$30, Report: Meeting attendance is up. 20-40 people. Lots of treatment center newcomers.

**More is Being Revealed:**

GSR – Ashley C - [ash.teneyck@gmail.com](mailto:ash.teneyck@gmail.com)

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Absent

**Never Alone:**

GSR –

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

No Report

**New Alive:**

GSR – Ryan H - [ryanharrigan801@gmail.com](mailto:ryanharrigan801@gmail.com)

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No Report

**Point of Freedom:**

GSR -

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Absent

**One Step at a Time:**

GSR -

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

No Report

**Recovering Users:**

GSR – Nick B - [Nbutcher0335@gmail.com](mailto:Nbutcher0335@gmail.com)

Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh

Topic discussion

Absent

**Serenity Down South:**

GSR –

Monday 7:00-8:15 - 63 East Franklin St

Closed meeting, rotating format

Absent

**Sunday Night Stepping Out:**

GSR – Jason S - [Snider\\_8@yahoo.com](mailto:Snider_8@yahoo.com)

Sunday 7-8pm - FRS 149 Chillicothe Ave

Basic text study  
Absent

### **Surrender from Self**

GSR-  
Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd  
Rotating format  
Absent

### **The War is Over:**

GSR – Dan G - djgreene@gmail.com  
Saturday 7pm - St George Episcopal - 5520 Far Hills Rd  
Rotating format  
Our meeting has a chairperson choice rotating format. Our meeting is growing, averaging 10 or more addicts per meeting. This month we made an area donation of \$12.

### **True Blue:**

GSR – Stephanie B - stephanie.bingamon@gmail.com  
Sunday 6-7:15 - Peace Lutheran Church  
Rotating format  
True Blue is meeting face to face and is averaging 15-20 people. We have approximately a 15 dollar literature order from last month. We have a 36 dollar donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. In January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month. Our home group votes yes for the motion on policy update. In loving service, Stephanie V

### **Wednesday Women Warriors**

GSR – Helen N - hneale66@gmail.com  
Wednesday 7:30pm-8:30pm with option to extend 15 minutes  
<https://us02web.zoom.us/j/82437292144>  
Meeting ID: 824 3729 2144  
Passcode: 668509  
Absent

### **Win on Wednesday:**

GSR - Rick R - Patrol489@aol.com  
Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd  
Chair Choice, Rotating  
Verbal Report

**LSC Report:** Meeting was held 1/21/24 via zoom

Chair - Helen, Vice - open, Sec - Sandi, PR - Jeff, H&I – Doug S., Website – Britt, Phonenumber – Nick staying until position is filled



## **Reports**

**Secretary** - submitting receipts for reimbursement. Total \$85.35 (17.07 x 5months)

**Phone** – Nick – had one call last month. He is willing to stay active with phonenumber until position is filled.

**PR** - report attached - Doug-asked if we are still using up the stickers on schedules and literature

Jeff-started a “task force” with Dascna PR having meeting the second Wed of the month at 5 pm on Zoom, they discussed what their goals are, what kind of time can people offer to do presentations/functions. Looking for people with PR, outreach, H&I experience.

**H&I** - report attached

**Outreach** – report attached

**Website** – report attached

## **Open forum**

Jeff wants to invite people to his PR task force with dascna, Helen thinks it’s a good idea and so does Doug.

Doug-does region have a PR person, Helen unsure. Region does meeting in person and on Zoom.

Jeff-would like to see more people involved with PR and H&I. What about a survey and ask people how we should get put there? Radio, public access?

Doug-can we get some analysis from the website and FB, how often is the website and FB used?

Helen-sometimes surveys can have skewed info and responses

Doug-could we help DASCNA with DCI? Doug going to send email to some females and copy Danielle from DASCNA.

## **Old business**

Still waiting on policy to delineate subcommittee purchase of NA literature process.

## **New business**

Discussed policy correction needed re: Outreach committee being a part of the LSC, not the Area. (Helen informing Stephanie)

H&I reminded committee of panel members list can be found in the shared file

Helen going to Hawaii for a month next Month. LSC members will be able to complete meeting, told Helen to not worry about logging on while on vacation.

Jeff motion to close, Doug seconded

Serenity prayer

ILS, Helen

## **PUBLIC RELATIONS REPORT**

Hello family,

Gave Presentation to Key Terrace and working on schedule for meetings in their facility in Kettering. Rescheduled Presentation for Full circle in Fairborn January 26 th to discuss what NA can and cannot do for the facility. (Meetings and literature). They have Locations in Dayton, Fairborn and Springfield. Scheduling time to visit Leora Treatment center in February. Recvd another referral from DASCNA 948 Patterson Rd and will reach out this week to schedule presentation, ("Joshua"937-206-9336) next year. Marilyn from DASCNA offered to assist presentations. Recvd pamphlet display for Xenia Visitation center. Scheduling drop off January 20th, 2024. Requesting cost of Display from area to Literature chair. Not sure of the cost. 3rd monthly PR task force meeting this Wednesday. Sharing ideas and success to encourage each other and support when possible. Inviting Columbus, Springfield and Miami Valley area. Mission – to Work on challenges facing PR areas and sharing ideas to help spread the word to help the addict still suffering. Discussed our challenges with phone lines. DASCNA has challenges with website domain email performance. Print shop: I printed the schedules and requesting reimbursement for \$73.41. Corrections: Tuesday night Recovering users Location update & Time change starting in November for Blinking light Friday8-9PM Added: Thursday night: A Place to Share" 7-8 at 333 Broad street Fairborn Ohio 45324, Working on annual budget for LSC committee.

ILS, Jeffrey Kirk 937.681.4787 [jmkirk110@gmail.com](mailto:jmkirk110@gmail.com)

## **H & I REPORT**

Hello Frascna, 1/21/24

the following is a result of this months H&I to do list: 1. Picked up remaining order of literature and applied stickers. Divided up literature between men and women's DeCoach meetings. Dropped off literature to Helen for DeCoach women. Me, Jeff K and Jake S took literature and meeting in to DeCoach. 2. One call on phone line, me and Nick spoke to addict. They needed ride and info. I was able to get 12th step ride for them but they decided not to go because they got a new job and everything was ok now. 3.I have the paperwork for Troy County Jail for men interested in attending. 4. Would like to discuss contacting Greene County ADC regarding restarting meeting.

ILS, Doug S.

**Website** - Added a new meeting to the schedule. I also added two new flyers. I cleaned up the meeting page and made some changes for a few groups. We continue to post to the FB group. We'd love to see more participation and hope to see some in the future. Nothing further to report this month. Thank you for allowing me to be of service. Britt B

## **Outreach**

New business- Hosting an out of town speaker-(Clearwater Florida) via Zoom @ Living the Dream. This will be our final M.O.M. for 2023. We have two entrants for our 2024 M.O.M.

-Fairborn Text Study

-The War is Over

Old business- Our committee personally visited every FRASNA meeting that has not attended area in the past quarter, we also included those groups that had only attended once.

In loving service, Outreach Peeps