



FIVE RIVERS AREA OF NA (FRASCNA)

December 31st, 2023

Bellbrook United Methodist Church

**A.) Call to Order - 2:23**

Moment of Silence/Serenity Prayer - Raychel L

12 Traditions - Freddie M

12 Concepts - Raymond E

Service Prayer - Stephanie

**B.) Roll Call**

New GSRs/Groups - Brad - Guiding Principles, Ryan H - New Alive, One Step at a Time - New group in Xenia, A Place to Share - New group in Fairborn

Group Name	October	November	December
A Place to Share	-	-	P
Blinking Light	P	P	P
Drug Busters and Wilmington	A	A	A
Entirely Ready	A	P	P
Fairborn Basic Text	P	P	P
Guiding Principles	P	P	P
Living the Dream	P	P	P
More is Being Revealed	A	A	A
Never Alone	P	P	P
New Alive	P	P	P
One Step at a Time	-	-	P

Point of Freedom	P	A	A
Recovering Users	A	P	P
Serenity Down South	A	A	A
Sunday Night Stepping Out	A	A	A
Surrender from Self	A	A	A
The War Is Over	A	P	P
True Blue	P	P	P
Win on Wednesday	A	A	A
Wednesday Women Warriors	P	P	A
	P9 A10	P11 A8	P12 A8

### C.) Reports

Chairperson: Vacant

Vice Chair: Theron O - No report

Secretary: Raychel L - Please submit reports online to [secretary@fiveriversna.org](mailto:secretary@fiveriversna.org). Also, if you are new, changed your email address, or you have not received a copy of the recent minutes, please let me know via email.

Vice Secretary: OPEN

Treasurer: Raymond E - Verbal Report and attached

Vice Treasurer: Freddie M - Verbal Report

RCM: Martha B - Absent

Local Services: Helen N - Report submitted

Policy: Stephanie B - Report attached

Activities: Dan G - Report attached

Literature: Absent

Group Reports: Attached

**D.) Open Forum**

**E.) Old Business**

H&I motion tabled - to be addressed in Policy Motion

**F.) New Business**

Policy changes to go back to groups - See attached Policy report

**Open FRASCNA Positions: Chair, Vice Secretary, Vice Treasurer, Literature, RCM Alt**

**Open LSC Positions: Vice Chair, Flyers**

**Open Regional Positions: Vice Chair, PR, Vice Web Chair**

**G.) Motion to Close - 3:24**

**H.) Attached Reports**

**Treasurer:**

DATE:		12/17/23	BALANCE FORWARD	\$4,521.03
CHECK #	VENDOR		AMOUNT	
	Bank Fee		\$6.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
			\$0.00	
GROUP / SUBCOMMITTEE	DONATION / INCOME	GENERAL EXPENSE	LITERATURE EXPENSE	\$6.00
TNT	\$0.00			TOTAL EXPENSE
Surrender From Self	\$0.00			
Living the Dream	\$30.00			
Entirely Ready	\$11.00			
Never Alone	\$0.00			
True Blue	\$31.24			
Serenity Down So.	\$0.00			
Fairborn Text St.	\$58.00			
Guiding Principles	\$76.00			
Blinking Light	\$122.00			
More is Being Revealed	\$0.00			
Point of Freedom	\$0.00			
Recovering Users	\$0.00			
New Alive	\$0.00			
Grow as we Go	\$0.00			
The War is Over	\$0.00			
Drug Busters	\$0.00			
Win On Wednesday	\$0.00			
Rob G	-\$72.00			
Activities	\$0.00	\$0.00	\$0.00	\$0.00
H&I		\$0.00	\$0.00	\$0.00
Public Relations		\$0.00	\$0.00	\$0.00
RCM		\$0.00		\$0.00
RCM-A		\$0.00		\$0.00
Secretary		\$0.00		\$0.00
<b>TOTAL</b>	<b>\$256.24</b>			<b>\$6.00</b>
<b>INCOME</b>				
			BAL. FWD.	\$4,521.03
			INCOME	\$256.24
			SUB TOTAL	\$4,777.27
			EXPENSES	\$6.00
			BALANCE	\$4,771.27
<b>RECONCILIATION</b>				
<b>BALANCE PER BOOKS</b>			\$4,771.27	
<b>OUTSTANDING DEPOSITS</b>	Pay Pal		\$194.01	
	Cash + Check		\$256.24	
<b>OUTSTANDING CHECKS</b>	2018		\$300.00	
	2019		\$250.00	
	2020		\$113.00	
	2021	\$	198.18	
		\$	-	
	Prudent	\$	800.00	
<b>BALANCE PER BANK</b>			<b>\$5,510.89</b>	

**Policy:** Policy has been updated according to motions last month and to make a few more items easier to find.

Please Encourage your committees to reach out and update that portion of policy to ensure all parts are added. Don't forget to look at the timeline to submit committee budgets.

Attached below is the proposed updated policy if that is easier to review with changes in red with date of change.

“Page 3- linked a Guide to Local Services in Narcotics Anonymous

## 1. General Guidelines

FRASCNA Area Service meeting should be conducted in accordance with '[A Guide to Local Services in Narcotics Anonymous](#)'. updated 12/31/23

Page 8- updated term of RCM from a vote back in 2021

Regional Committee Member (RCM) (Term of service: **July-June**) updated 12/31/2023

Page 11- removing this as Literature is not responsible for this, rather the Treasurer takes care of this

~~11. The Literature Chair shall also maintain the key to the FRASCNA post office box and is responsible for retrieving ASC mail prior to the monthly meeting. 12/31/2023~~

Page 12 (depending on vote at area today)

Submits an annual budget for PR, Website, Phonenumber, H&I (**250 dollars a month updated 12/31/2023**) and flyers coordinator, and Outreach efforts at the March ASC meeting.

Page 16- updated all budgets....added in all of our budgets for the year to make it easier for the Treasurer to ensure we have an adequate Prudent Reserve as this was a concern at Area last month)

## Appendix B - Budget

Activities 1200 budget for the year for 4 events voted in 3/26/2023

Outreach- 150 dollars a month to support meeting of the months voted 10/22/2023

Hospitals and Institutions- 250 dollars a month waiting for vote on 12/31/2023

Secretary- 50 dollars a year to conduct business- updated 12/31/2023

RCM- 200 dollars every 3 months to travel to ORSCNA further than 75 miles

RCMA- 200 dollars every 3 months to travel to ORSCNA further than 75 miles

Public Relations- 120 dollars every 3 months to travel to ORSCNA further than 75 miles

Local Service Committee- 120 every 3 months to travel to ORSCNA further than 75 miles

Hospitals and Institutions- 120 every 3 months to travel to ORSCNA further than 75 miles

Post Office Box-

Church Rental-

## Appendix F - Timeline

### January

New Administrative Positions active

### February

Area Donation to ORSCNA updated 12/31/2023

### March

Submit budget for LSC updated 12/31/2023

### April

Nominations for ASC Subcommittee Chairpersons (Subcommittee Chair, Outreach, Literature, Activities, Policy) sent back to groups

### May

Nominations for ASC Subcommittee Chairpersons submitted

Nominations for RCM submitted updated 12/31/2023

Area Donation to ORSCNA updated 12/31/2023

### June

Voting on ASC Subcommittee Chairpersons (Policy, Literature, Outreach- updated 12/31/2023)

LSC nominates and elects LSC Secretary, H&I Coordinator, Public Relations Coordinator, and Website Chairperson

Voting on RCM updated 12/31/2023

### July

New ASC Subcommittee Chairpersons active

New LSC Secretary, H&I Coordinator, Public Relations Coordinator, and Website Chairperson active

New RCM active (2 year term 12/31/2023)

### August

Area Donation to ORSCNA updated 12/31/2023

### September

### October

Nominations for Administrative Positions sent back to groups

### November

Nominations for Administrative Positions submitted

Area Donation to ORSCNA updated 12/31/2023

### December

Voting on Administrative Positions”

ILS,

Stephanie V

**Activities:** Activities committee is going well, we have 5 active members but could always use more trusted servants. We requested and received \$300 to hold a New Year's Eve party tonight. We are going to have a speaker and it is going to be an OCNA fundraiser. As we plan for the new year, we are open to suggestions and ideas for events during that time frame. I believe events are an important way to build visibility and unity for the fellowship. - Dan G

**Literature:** No Report

**RCM:** No report

**A Place to Share:**

GSR – Eric S - [ericrecovery99@gmail.com](mailto:ericrecovery99@gmail.com)

7:00-8:15 on Thursdays –Recovery Plus Community Center – 333 N. Broad St. Fairborn

Rotating format

We are averaging 19 people a meeting.

**Blinking Light:**

GSR – Katie S - [katvb98@gmail.com](mailto:katvb98@gmail.com)

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson's Choice Rotating format

Average attendance 60-70. Lots of newcomers, we could use support from members with cleantime. Area donation: \$86

**Drug Busters and Wilmington:**

GSR - Ryan H - [Hall.1430@osu.edu](mailto:Hall.1430@osu.edu) - represents all Wilmington meetings

**Drug Busters** - Tuesday, 630-730p - Peace Lutheran Church – 231 Harry Sauner Rd. Hillsboro, Ohio 45133 - Chairperson's Choice

**Study Buddies** - Thursday, 6-7p - Dove Church – 1499 Rombach Avenue, Wilmington, OH 45177 - Living Clean  
Absent

**Entirely Ready:**

GSR – Brian B - [burdinebrianbdmr@gmail.com](mailto:burdinebrianbdmr@gmail.com)

7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH

No report

**Fairborn Basic Text:**

GSR - Jake S

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Living Clean

Verbal Report

**Guiding Principles:**

GSR - Brad K - [bkeck1@gmail.com](mailto:bkeck1@gmail.com)

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown

Literature study - Living Clean

Verbal Report, Rotating Literature format.

Rent is paid. Attendance has been 15-30 addicts per meeting. About 10 home group members attended our monthly business meeting.

**Living the Dream:**

GSR - JP - [jprecovers745@gmail.com](mailto:jprecovers745@gmail.com)

GSR Alt - Clayton H - hall.clayton@ymail.com

Monday 7:00-8:15 - 444 country club Dr

Chairperson choice rotating format

Area Donation: \$30.00. Meeting attendance is up. 20-40 people. Lots of treatment center newcomers.

**More is Being Revealed:**

GSR – Ashley C - ash.teneyck@gmail.com

Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave

Rotating topic/literature from It Works: How and Why

Absent

**Never Alone:**

GSR – Theron - theron977@gmail.com

Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH

Topic discussion

No report

**New Alive:**

GSR – Ryan H - ryanharrigan801@gmail.com

Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr

Rotating format

No report

**Point of Freedom:**

GSR -

Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd

Weekly rotating candlelight meeting

Absent

**One Step at a Time:**

GSR -

6:30-7:30 - Tuesdays - The Hope Spot - 529 W Second Street, Xenia

Rotating Format

Verbal Report

**Recovering Users:**

GSR – Nick B - [Nbutcher0335@gmail.com](mailto:Nbutcher0335@gmail.com)

Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh

Topic discussion

Absent

**Serenity Down South:**

GSR – Mary - Marycatmik@gmail.com  
Monday 7:00-8:15 - 63 East Franklin St  
Closed meeting, rotating format  
Absent

**Sunday Night Stepping Out:**

GSR – Jason S - [Snider\\_8@yahoo.com](mailto:Snider_8@yahoo.com)  
Sunday 7-8pm - FRS 149 Chillicothe Ave  
Basic text study  
Absent

**Surrender from Self**

GSR-  
Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd  
Rotating format  
Absent

**The War is Over:**

GSR – Brian B - burdinebrianbdmr@gmail.com  
Saturday 7pm - St George Episcopal - 5520 Far Hills Rd  
Rotating format  
No report

**True Blue:**

GSR – Stephanie B - stephanie.bingamon@gmail.com  
Sunday 6-7:15 - Peace Lutheran Church  
True Blue is meeting face to face and is averaging 15-20 people. We had an approximately a 0 dollar literature order from last month. We have a \$165.75 donation. Masks are not required however need to be Worn in hallways. We have changed our format and we do a rotating format. We coordinate step study meetings. In January is step one and tradition one. February is step two and tradition two, etc. we have a speaker on the third Sunday of the month on the coordinating step for the month.

**Wednesday Women Warriors**

GSR – Helen N - hneale66@gmail.com  
Wednesday 7:30pm-8:30pm with option to extend 15 minutes  
<https://us02web.zoom.us/j/82437292144>  
Meeting ID: 824 3729 2144  
Passcode: 668509  
Absent

**Win on Wednesday:**

GSR - Rick R - Patrol489@aol.com  
Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd  
Chair Choice, Rotating  
Absent

## LSC meeting minutes 12.17.23

Readings

Service prayer - Nick B

Concepts - Jeff K

Traditions - Doug S

Role Call

Chair Present

Vice open

Sec Absent

PR present

H&I present

Website – absent

Phone Present

Admin

Reports

Phone – Nick – needs password for google voice – no calls

PR see below

H&I see below

Outreach – absent no report – tomorrow night is the meeting of the month at living the dream in Xenia 8-9pm

Website – see below

Admin report – Area meeting for December is rescheduled for New years eve 2023.

No one recvd minutes from

Open forum

Working on a way to streamline money from area to Literature and working out Policy.

\$125/mo for lit & \$250/mo H&I or \$3000 a year in literature.

Old business

DASCNA overlapped Friday meetings. New person at Woodhaven didn't realize the overlap.

Ready to withdraw from Woodhaven on Fridays. Focus labor resources for other facilities that request H&I Meetings.

2 checks to reimburse Jeff K and pizza money to Catherine for outreach.

New business

Motion to

Close H&I meetings to Woodhaven both men and womens.

Voted to Close

3 panel leaders for H&I – Doug, Manami, & Helen

Phone line is not working, Nick feeling overwhelmed. No chair but Doug offered to help.

Motion to close Jeff K

Second Doug S

Serenity prayer

Merry Christmas!

Jeffrey Kirk

937.681.4787

[jmkirk110@gmail.com](mailto:jmkirk110@gmail.com)

## **PUBLIC RELATIONS REPORT**

Hello family,

Recvd another referral from DASCNA 948 Patterson Rd and will reach out this week to schedule presentation, ("Joshua" 937-206-9336) next year. Rescheduled MVHO Kettering branch presentation to January 5<sup>th</sup> due to a MV Christmas staff party. Marilyn from DASCNA offered to assist presentations.

2<sup>nd</sup> monthly PR task force meeting this Wednesday. Sharing ideas and success to encourage each other and support when possible.

Print shop: Will be printing corrected and updated schedules for area in January.

Corrections: Tuesday night Recovering users Location update & Time change starting in Novemer for Blinking light Friday 8-9PM

Added: Thursday night :A Place to Share" 7-8 at 333 Broad street Fairborn Ohio 45324

Working on annual budget for LSC committee.

ILS,

Jeffrey Kirk

937.681.4787

[jmkirk110@gmail.com](mailto:jmkirk110@gmail.com)

## **H & I REPORT**

Hello Frascna,

12/17/23

the following is a result of this months H&I to do list:

1. Dascna has not returned my call with updated service efforts for Woodhaven.

Our scheduled womens meeting was upcoming so I called Woodhaven and discovered they have a new person in charge of volunteer efforts.

They had no idea FRASCNA was coming in for meetings.

Dascna has a Thursday men and women meeting and a Friday meeting for Women currently.

I told facility and our volunteers we will not be going in this Friday and that for now Dascna will be doing the Friday meeting exclusively.

Frascna will discuss at our committee meeting how we continue our relationship with Woodhaven.

2. I collected balance of literature money from area (\$113) and delivered check to Gerry.

I also collected check at area for \$250 for current literature order. I have placed an order and delivered check to Gerry. I picked up some literature and applied labels. I will be dropping off to Helen. I will be taking lit to mens DeCoach meeting.

Gerry did not have stock to cover my \$250 order. He will let me know as soon as sock is in.

3. Talked to Collete, PR chair for Mvascna they still need help with county jail in Troy. I now have pdf for volunteers to complete and submit.

Not really H&I and probably should go in new buisness etc..

Phoneline update:

I checked Google phone line. Spoke to Nick B about rotating chair position with phone line. Nick is ok to acquiesce his chair position and would like to stay on line but agreed position needs someone who can access the online portion of position.

ILS, Doug S.