

# FIVE RIVERS AREA OF NA (FRASCNA) October 22th, 2023 Bellbrook United Methodist Church

# A.) Call to Order - 2:07

Moment of Silence/Serenity Prayer - Raychel L 12 Traditions - Rob 12 Concepts - Tim Service Prayer - Stephanie

# B.) Roll Call

New GSRs/Groups -

<b>Group Name</b>	August	September	October	
Against All Odds	Р	А	А	
Blinking Light	Р	Р	Р	
Drug Busters and Wilmington	А	А	А	
Entirely Ready	Р	А	А	
Fairborn Basic Text	Р	Р	Р	
Guiding Principles	А	Р	Р	
Living the Dream	Р	Р	Р	
More is Being Revealed	А	А	А	
Never Alone	А	Р	Р	
New Alive	Р	Р	Р	
Point of Freedom	А	Р	Р	
Recovering Users	Р	А	А	

Serenity Down South	Р	Р	А
Sunday Night Stepping Out	А	А	Α
Surrender from Self	Р	Р	А
The War Is Over	Р	А	А
True Blue	Р	А	Р
Win on Wednesday	Р	А	А
Wednesday Women Warriors	P	Р	Р
	P13 A7	P10 A10	P9 A10

# C.) Reports

Chairperson: Raychel L - Verbal Report

Vice Chair: Vic W - Absent

Secretary: Theron O - Verbal Report

Vice Secretary: OPEN

Treasurer: Raymond E - Absent

Vice Treasurer: Freddie M - Absent

RCM: Martha B - Verbal Report

Local Services: OPEN - Helen presented attached and verbal report

Policy: Stephanie B - Verbal Report

Activities: Tim H - Verbal Report

Literature: Absent

**Group Reports: Attached** 

# D.) Open Forum

# E.) Old Business

PASSED - Helen N, LSC chair nomination, For 6 - Against 0 - Abstain 1

Motion for 150 a month for the meeting of the month to throw a pizza party and attract the still suffering addict new and old. For 4 - Against 2 - Abstain 3 - Pizza Party - Proactively Reimbursed

# F.) New Business

#### **Dan for Activities Chair**

Nominated by (Group/individual): Tim H.

Nominee's Qualifications: I am organized and am good at planning. I enjoy developing relationships with people and working toward a common goal. I have a good amount of experience doing NA service, I work NA steps with an NA sponsor.

Clean Date: September 8, 2014

Current NA positions: Secretary at Blinking Light group, Treasurer at Activities Subcommittee

Past NA positions: FRASCNA webmaster for 5 years, member of Activities subcommittee, GSR and Secretary for Atmosphere of Recovery Group for 5 years, GSR and Secretary for Blinking Light for 3 years.

Service positions resigned from (explain reason why): Stepped down in 2019 from Secretary of Blinking Light due to mental health reasons, didn't hold a service position in 2020 due to mental health.

#### **Raychel for Secretary**

Nominee's Qualifications: I am willing to be of service. I am reliable, organized, and good with computers.

Clean Date: February 21, 2012

Current NA positions: Treasurer at New Alive group, Chairperson of FRASCNA, Member of Policy Subcommittee Past NA positions: Various group level positions such as chairperson, secretary, treasurer, key holder, and GSR Previous FRASCNA secretary, Literature chair and AVCNA Director in TASCNA (Tidewater, VA), Vice Treasurer and Treasurer with AVCNA Convention Corporation

Service positions resigned from (explain reason why): Resigned from Treasurer of AVCNA Convention Committee two months early due to move to Ohio

#### Theron for Vice Chair

Nominee's Qualifications: Willingness to serve amd learn new things, good communication skills, reliable

Clean Date: 10/13/2021

Current NA positions: Secretary of FRASCNA, GSR for Never Alone

Past NA positions: None

Service positions resigned from (explain reason why): None

# ALL Admin Position Up for election Open FRASCNA Positions: Activities, Vice Secretary, Literature, RCM Alt

**Open LSC Positions: Vice Chair, Flyers** 

Open Regional Positions: Vice Chair, PR, Vice Web Chair

- G.) Motion to Close 3:11
- H.) Attached Reports

Treasurer:

DATE:	10/2	8/2023	BALANCE FORW	ARD	\$2,579.00
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GROUP /	DONATION /	GENERAL	LITERATURE EXPENS	\$F \$	6.00
SUBCOMMITTEE TNT	INCOME	EXPENSE	LITERATIONE EXITERS	_	TOTAL EXPENSE
Surrender From Self	\$0.00 \$25.00	4			
Living the Dream	\$30.00				
Entirely Ready	\$47.00				
Never Alone	\$217.00				
True Blue	\$0.00	7		$\neg \neg$	
Serenity Down So.	\$116.00				
Fairborn Text St.	\$46.00				
Guiding Principles	\$66.00				
Blinking Light	\$125.00	-			
More is Being Revealed		1			
Point of Freedom	\$0.00				
Recovering Users	\$0.00	7			
New Alive	\$60.00				
Grow as we Go	\$0.00	-			
The War is Over	\$19.13	₫			
Drug Busters	\$0.00	1			
Win On Wednesday	\$0.00	†			
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Activities	\$0.00	\$0.00	\$0.00		\$0.00
H&I	1	\$0.00	\$0.00		\$0.00
Public Relations	4	\$0.00	\$0.00		\$0.00
RCM		\$0.00			\$0.00
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**Policy:** Policy has been updated and sent to webmaster from votes last month. The updated policy is attached. ILS, Stephanie V

**Activities:** nothing going on. We were going to do a Halloween party but we decided not too due to lack of support and didn't prepare the event in time. Also I'm(Tim H) stepping down from chair on December 31st.

# Literature:

# Lit Chair: Gerry O.

#### Report October 2023:

- Beginning Cash balance 09/24/2023 = \$22.42
- 13 Literature orders processed/paid = \$448.13
- No literature orders placed w/World = \$0
- Cash balance 10/22/2023 = \$470.55

In Loving Service! Gerry O.

RCM: Good morning family,

I'm an addict named Martha, serving as Regional Committee Member for the Five Rivers Area. I attended the October Regional Service Committee meeting in Heath, Ohio.

Discussion about dangerous & disruptive behavior in some Areas.

Discussion about Regional event finances and audits: Audits are specified in regional policy, but not in retreat guidelines. I made a motion to add events finances will be audited per regional guidelines but the motion did not pass. Note: In July, I was elected to chair an ad-hoc committee to look at this issue but dropped the ball and didn't do anything.

LEGS Area Buckeye Region hosting OCNA40 in 2024 (Cleveland). The committee has been formed and is working hard to get the convention put together in the short time they have left. The last convention lost money due, in part, to a lack of funding from the Areas. Covid made a mess of things but we're starting to get back to the pre-pandemic "normal". I'm going to request the Area have a convention fundraiser and will talk to the Activities committee about it.

Service body elected a Vice-chair: Lenore P.

Regional Chairperson, Tammy stepped down (we'll see in January)

Next RSC hosted by HAMASCNA (Hamilton) in January but there's no flyer posted yet. There shouldn't be any cost for my attending the meeting as it's in Hamilton and I'm not going to ask for gas money.

I spent two nights at the hotel but shared a room so only had to pay for one night (\$157.42). I'm asking for \$75 to cover my expenses.

Multi-Zonal Service Symposium (MZSS) Detroit, MI October 13-15, 2023

I went to the service training event in Detroit and learned a lot. I attended workshops on several topics.

· Policies and Guidelines: Helpful, or Outdated Encumbrance?

- H & I Basics in a Virtual World (Using Zoom and other platforms)
- Gathering a CAR/CAT Conscience
- · Trusted Servant Recruitment/Training, and Onboarding and Mentorship
- PR: Presenting & Cooperating with Law Enforcement (How to get in)

The Michigan Service Office had merchandise for sale and I self-willed something we might use for H & I. I bought sets of clean time tags printed on business cards to be given out in facilities where giving key tags isn't possible. We'll see if the H & I committee wants to use them, but I thought they were pretty cool.

The Ohio Region funded the hotel rooms and I'm not asking for any gas money.

In loving service, Martha B

# **Blinking Light:**

GSR – Katie

8:00- 9:15 on Fridays – Mosaic Church - 350 North Fairfield Rd. Beavercreek

Chairperson's Choice Rotating format

Meeting is doing well, averaging anywhere from 50 to 100 addicts per meeting. We are getting a lot of attendance from treatment facilities. Starting in November our meeting start time is changing to 8 pm, to lengthen the meeting in order to accommodate the large size of the meeting. Our Anniversary meeting will be November 17 starting at 7 pm. This month we had a \$98 literature order.

# **Drug Busters and Wilmington:**

GSR - Ryan H - Hall.1430@osu.edu - represents all Wilmington meetings

**Drug Busters** - Tuesday, 630-730p - Peace Lutheran Church — 231 Harry Sauner Rd. Hillsboro, Ohio 45133 - Chairperson's Choice

**Study Buddies** - Thursday, 6-7p - Dove Church – 1499 Rombach Avenue, Wilmington, OH 45177 - Living Clean Absent

# **Entirely Ready:**

GSR – Brian B - burdinebrianbdmr@gmail.com 7:00 pm to 8:15 - Tuesdays - Church of Nazarene - 4701 Far Hills Ave, Kettering, OH Absent

# **Fairborn Basic Text:**

GSR - Jake S

7:30pm - 8:30pm Wednesdays - 333 North Broad Street

Text Study - Living Clean

We are reading out of living clean. We have a speaker Wednesday 25th from Springfield area this Wednesday. We sold more literature this month the normal. We had any where from 10 to 25 addicts a week.

# **Guiding Principles:**

GSR - Robert G - mrmathman1@gmail.com, Adam H

Wednesdays 7-8pm - Hill Side Chapel - 3515 Shakertown Literature study - Living Clean Verbal Report

# Living the Dream:

GSR - JP - <u>iprecovers745@gmail.com</u>
GSR Alt - Clayton H - hall.clayton@ymail.com
Monday 7:00-8:15 - 444 country club Dr
Chairperson choice rotating format
Meeting attendance is up. 20-40 people. Lots of treatment center newcomers.

# More is Being Revealed:

GSR – Ashley C - ash.teneyck@gmail.com
Thursdays at 7:00-8:15pm - Fairmont Presbyterian Church in basement - 3705 Far Hills Ave
Rotating topic/literature from It Works: How and Why
Absent

#### **Never Alone:**

GSR – Theron - theron977@gmail.com Saturday 7:30-9:00PM - 202 S Winter St, Yellow Springs, OH Topic discussion Verbal report

#### New Alive:

GSR – Raychel L - <u>Raychel.e87@gmail.com</u>
Tues 7:45-9:00 - St Marks Church - 456 Woodman Dr
Rotating format
No report

#### Point of Freedom:

GSR - Raymond E - raymondelamjr@gmail.com Thursday 7:30-8:30 - Alpha Community Church - 806 Alpha Rd Weekly rotating candlelight meeting Absent

# **Recovering Users:**

GSR – Nick B - Nbutcher0335@gmail.com
Tuesday 8:00-9:00 - 100 N Broad St Fairborn, Oh
Topic discussion
Absent

# **Serenity Down South:**

GSR – Mary Monday 7:00-8:15 - 63 East Franklin St Closed meeting, rotating format Absent

# **Sunday Night Stepping Out:**

GSR – Jason S - <u>Snider 8@yahoo.com</u> Sunday 7-8pm - FRS 149 Chillicothe Ave Basic text study Absent

#### Surrender from Self

GSR- Daniel R -Sundays 7:00 pm-8:00 pm - Seventh Day Adventist - 3939 Stonebridge Rd Rotating format Absent

#### The War is Over:

GSR – Brian B - burdinebrianbdmr@gmail.com
Saturday 7pm - St George Episcopal - 5520 Far Hills Rd
Rotating format
Absent

#### True Blue:

GSR – Stephanie B - stephanie.bingamon@gmail.com Sunday 6-7:15 - Peace Lutheran Church Rotating Format - Step and tradition of the month, speaker third week

True Blue is meeting face to face and is averaging 15-20 people. We had an approximately 12 dollar literature order from last month. We have a 95.25 dollar donation. Masks are not required however need to be Worn in hallways. Our meeting will be closed on December 24th due to Christmas Eve service at the church. HOWEVER WE WILL HAVE A ZOOM MEETING ON THIS DATE. Please spread the word. Our home group votes yes for both motions. In loving service, Stephanie V

# **Wednesday Women Warriors**

GSR – Helen N - hneale66@gmail.com Wednesday 7:30pm-8:30pm with option to extend 15 minutes https://us02web.zoom.us/s/82437292144

Meeting ID: 824 3729 2144

Passcode: 668509 Verbal report

# Win on Wednesday:

GSR - Rick R - Patrol489@aol.com Wednesdays from 7pm-8:00pm - 2701 S Smithville Rd Chair Choice, Rotating Absent

LSC Minutes: FRASCNA Subcommittee / Group Service Report

Attendance: Sandi, Nick B, Helen, Rob G, Doug S, Jeff K, Martha

Service Prayer: Rob

Twelve Traditions: Jeff

Twelve concepts: Martha

**Open Positions:** Chair, Vice Chair, Flyers

Admin Report - Helen reports due to area minutes running late last month there was a delay in votes at area last month. She was not officially voted in or opposed for LSC chair. Possible Halloween party. Area discussed GSRs and attendance and how they can best support GSRs.

No reported issues with last month's minutes, minutes approved

# Reports:

Website-emailed report, see below. Martha noted that the downloadable schedule was not up to date.

PR-emailed reports, see below

Phonelines-no calls, had friend call the number to see if it was working, did not get call. Helen asked Nick if they could get together to check his phone. Doug was able to get into the area phone account and noted there are 6 peoples phone number listed for calls to go to, he noticed Nicks number needed reverified which is probably why Nick is not receiving calls. Getting Nicks number reverified.

Outreach-emailed report. Martha noted she heard Hillsboro meetings may be starting their own area in Jan 2024.

H&I- emailed report. Martha brought up her regional position conference she attended in Michigan. In the conference working with law enforcement was discussed in regards to people arrested for drug related offenses. Having law enforcement give local NA area business cards.

**Old Business**-Creating a 501 not worth it.

**New Business**-Do we want Doug to look into ways to direct calls coming into phone lines better?

Motion passed to make 300 schedules for area and H&I. Jeff has business cards to distribute. Motion passed to make 1000 labels to put into books, etc for H&I for \$100.

Motion to close by Jeff, Rob second.

Serenity Prayer

# > Website report:

> I responded to the email I spoke to you all about previously about a woman needing meeting information. I called and left her a VM. I have not checked email yet today, so I will see if she responded as she has not called back. Jeff, TY for calling Greene County!

- > I am wondering if anyone has gathered the new meeting information for the new meeting on Tuesday. Hillsboro, maybe? I have not yet added it to the schedule as we lacked information.
- > I also have not posted a new flyer about the meeting of the month. Did anyone create that?
- > May I get that if so?
- > Our FB page has had a bit more activity thanks to our JFT and SPAD postings. I am covering both this week while Catherine is out. We are reaching about 30 to 50 addicts a day on our posts. I did make a post today to remind the area to feel free to interact with clean time, questions, events, etc... We will keep trying to get more involved.
- > Thank you for allowing me to be of service, Britt B, Website

PR subcommittee report

10/19/23

Hello family,

Reached out to H&I & Outreach to offer support. Next meeting of the month Hillsboro. Website added short script for GSR's to "announce" at meetings and place it on website activities board for convenience.

Website requested updated schedule to replace current online schedule. Website recvd request for presentation and needs assessment from Greene County Visitation center in Xenia. Helen and I met the head of the center Monday, Oct 16<sup>th</sup>. They requested meeting schedules and display rack for a variety of IPS that were provided. Helen suggested reaching out to Dayton to include them in the renewal of meeting schedules because there are a number of Xenia meetings in the Dayton LSC area.

Updated schedule to print. Wilmington Meetings closed, Added Hillsboro meeting. Waiting on Outreach for info from meeting to describe/code, (Open, Text study, Rotating format,...) for meeting schedules.

LSC Approved to print labels that resemble the business cards to place on literature as it is sold to Area Groups. We are hoping to improve awareness and visibility of the resources on our area website and available hotline/helpline phone number. (See Draft below) \$107 for 1000.

I will be printing labels, meeting schedules (when all info is available), and ordering display rack for Greene county visitation center this week. The Printing Center Inc. in Xenia charged total of \$48.04, for business cards approved last month which was paid on site. I will be requesting reimbursement for that fee and will provide receipt.

#### Question RE:

PR needs to submit their annual budget when available to the LSC committee. Still learning needs of Area for Public relations.

ILS, Jeff K

# **October Outreach report**

#### Old business-

- -The Five Rivers FB page is operational-feel free to share and submit content
- -The first Meeting of the Month Pizza Party was held at the Tuesday night 'Recovering Users Meeting'. They had 28 attendees, event was well received.

Rob G is submitting receipts of 125.08 from party for reimbursement.

M.O.M. For October/November is - Lakeside Recovery, 6744 Inverness Court, Hillsboro, Ohi0 45133 Meeting is held, Wednesdays 8pm

We are planning to host a Pizza Party on November 15th, pending funds approval from area.

In loving service, Rob G

#### Hello FRASCNA!

H&I panel members took our inaugural meetings into the womens and mens sides of both Woodhaven Rehabilitation Center and DeCoach Recovery Center this month.

The meetings went well. There were some small typical bugs to work out within the facilities and staff and we should be good as we continue to grow our relationship with them.

I have spoken to DeCoach Dustin and Kim at Woodhaven. Helen spoke to Brandy at Decoach. For post meeting to follow up and let them know what we encountered.

Literature on hand was mostly depleted. I have placed and order to get white books and intro guides.

we are low on schedules too. Im hoping to get more before next meetings (October)

I would like to recommend the Area purchase Basic Text to donate to facilities libraries.

8 total for now (4 text per facility total, 2 womens side, 2 mens side)

I attended area and dropped off remaining non H&I literature

I sent a idea of what FRASCNA might want to add to website for members interested in H&I to Web chair

Checked google voice for options on programming to direct calls from H&I facilities.

No option to specifically direct calls (caller being able to choose women or man to speak with)

I will look for other options.

ILS, Doug S